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# Granite City Journal

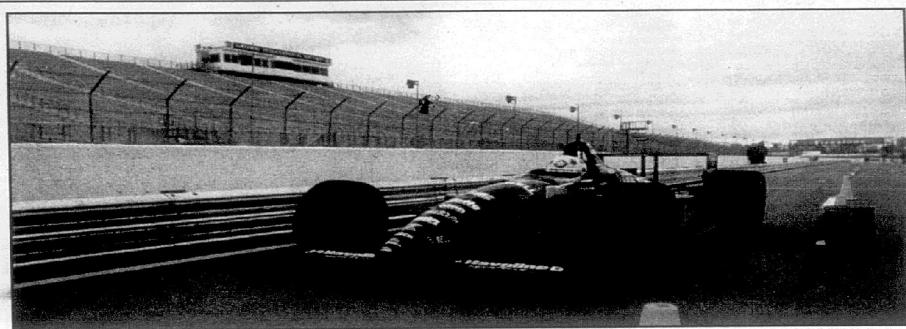
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SUBURBAN JOURNALS - #1 IN WEEKDAY READERSHIP WITH OVER 1.4 MILLION READERS

VOLUME 22, NUMBER 31

WEDNESDAY, APRIL 22, 1998

FIFTY CENTS



Staff photos by JOHN FRESE

Christian Fittipaldi pulls out of the pit lane for a few laps around Gateway International Raceway while testing tires last week. Behind his car is the central grandstand seating area. Below, Fittipaldi answers questions from reporters.

## Drivers are back at Gateway

By Scott Cousins  
Staff writer

There is still a month until the Motorola 300 at Gateway International Raceway, but Indy-style cars are lining up to take on the track.

The Motorola 300 — set for May 21-23 — is the first of four “major” races set for the track this year.

Since Tuesday there has been a constant stream of cars, drivers and teams converging on the track for testing.

Testing continued Monday, and was expected to go on nonstop for a few more days.

“This is day six of what will be eight straight days of testing; then (later in the week) we will have two more days of competition,” said track spokesman Pepe Wickham Monday.

While some teams were testing tires, others were concentrating on getting ready for the Bosch Spark Plugs Grand Prix, set for this weekend in Pennsylvania.

The 1-mile oval course is the start of what Wickham called the “short oval” season.

In Pennsylvania, the racers will move to Brazil on May 10, back to Gateway May 23, then to Milwaukee.

“They put all of their short ovals in a row, so we will have nine or 10 teams testing here,” Wickham said.

In addition to testing, Wickham said plans for the Motorola 300 were “moving right along.”

The main grandstands have been expanded and the top of the seats raised to give spectators a better view.

He said the track has also constructed a new restroom building and a main concession stand, and are working on acquiring land for parking.

Part of the track was sealed last week when a St. Clair County judge ruled that the Southwestern Illinois Development Authority could use its “quick-take” powers on 140 acres of land west of the race track.

Other court hearings are scheduled (See DRIVERS, Page 5A)



## Last chance to order tickets for achievement luncheon

The deadline for ordering tickets for the 1998 Women of Achievement luncheon is Friday.

Ten outstanding women who have contributed to the strength and health of the St. Louis area will be honored as 1998 Women of Achievement at a May 6 luncheon. These women will join 421 other Women of Achievement who have been honored since the program began in 1995.

The awards will be presented to the 1998 honorees during a noon luncheon at the St. Louis Riverfront. Reservations for luncheon tickets per person may be ordered by sending a check to: Women of Achievement, Suburban Journals, 1714 Deer Tracks Trail, St. Louis 63131.

Seating will be tables of 10. For those wishing to sit together, reservations and payment for the group should be made at the same time. Those attending the luncheon on behalf of a particular honoree should also include the name of the honoree.

The 1998 Women of Achievement are Mary Randolph Ballinger, volunteerism; Lisa Baue, business and community. (See WOA, Page 5A)

## Mail carriers to fight hunger

### Nationwide food drive is set for May 9

By Scott Kelly  
Staff writer

The fight against hunger will receive big assist next month when post office carriers collect food for the needy.

The carriers of the National Association of Letter Carriers AFL-CIO branch #1132 will join with more than 300 other branches nationwide collecting food for local food banks.

The local mail carriers will have the support of the United Way, Campbell's Soup and UAL/Saturn for the May 9 collection.

“It started on the East Coast,” said Mike Ellif, president of branch 1132. “We did a real scaled-down version at Christmas time.”

All the various carrier groups across the country had their own small versions until approximately five years ago when Ellif, chairman of the national association took the loose-knit concept and organized it into a coordinated, national event, he said.

“The clout at the national level brought in Campbell's,”



National Association of Letter Carriers Local 1132 Vice President Chris Glass, left, Madison Postmaster Carolyn Wilson, NALC Local 1132 President Mike Ellif and Granite City postmaster Sandra Rausch invite people to participate in the National Association of Letter Carriers 1998 Food Drive on May 9. Contributions may be left next to mail boxes for pick-up on May 9 or sent with children to their school in the preceding week.

Ellif said, and ever since they have worked closely with the United Way, the United Auto

Workers at Saturn and the of millions of pounds of food every year. Last year we “We're (taking in) upwards (See DRIVE, Page 8A)

## In the Journal

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**5 FULLER'S FORECAST**  
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## NEWS

# Armenians remember massacre of early 1900s

By Scott Cousins  
Staff writer

This week Armenians around the world—including about 1,500 in the Granite City-Madison area—are remembering the start of a massacre that is considered the inspiration for Hitler's "final solution" to the Jewish people.

Friday is the 83rd anniversary of the beginning of five years of systematic destruction of the Armenian people.

In Granite City, the Armenian flag will be raised at the Granite City City Hall at 10:30 a.m. Friday.

At 7:30 p.m. there will be a candlelight procession and services at St. Gregory the Illuminator Armenian Apostolic Church, located on

Colonial Drive.

The Rev. Vartan Kassabian, pastor of St. Gregory's, said the massacre "is something that has affected each Armenian no matter where they live."

Between 1915 and 1923, an estimated 800,000 to 1.5 million of the 2 million Armenians living in the Turkish empire were killed, with survivors fleeing to all parts of the globe.

Many settled in this area. Of those, less than a dozen are still alive.

"It was the beginning of the first genocide of the 20th century," Kassabian said.

The Armenian people had lived in the land between the Black and Caspian seas under Turkish rule since around the 14th Century.

While there had been tension and occasional

killings by the Turks of the Ottoman Empire—most notably the massacre of about 200,000 Armenians in 1896, the events of 1915 were especially brutal and unprovoked.

A few days before a reform party called the Young Turks had overthrown Sultan Abd al-Hamid II, a move supported by many Armenians.

However, the new Turkish government, allied with Germany and Austria-Hungary in World War I, distrusted its Armenian subjects. Kassabian said the killings started on April 24, 1915, when 600 Armenian intellectuals were executed in Constantinople, now Istanbul.

As the war continued, atrocities against the Armenians increased. In February 1917, the U.S. sent a formal note of protest to Turkey,

but no substantive action was taken.

Some of the local survivors—who were small children at the time—have horrific stories about the death or disappearances of their parents, brothers and sisters, and relatives.

While some were able to get to Istanbul and escape to Europe, eventually working their way to the U.S.—others—World War II others—were rescued by Russian and Armenian troops and sent to orphanages in Russia, where relatives found them and brought them to the United States.

"It's been burned into our memories forever, as one lady put it," Kassabian said.

## Extension service grows to fit need

Volunteering is alive and well, at least in Madison and St. Clair counties, reports Janet Burnett, unit leader for the local offices of University of Illinois Extension Service in celebration of National Volunteer Week, April 19-25, time will be set aside to give special recognition to over 200 million volunteers in the U.S.

Everyday volunteers can be seen carrying out the mission of the Illinois Cooperative Extension Service in Madison and St. Clair counties.

From teaching youth life skills through demonstration projects or leading others in community service projects, volunteers are involved in every aspect of the local extension service.

They determine the need of the resources in the counties, plan programs, secure resources and evaluate programs. Indeed, the

extension service would not be existent today if it were not for the endless hours and hard work put forth by countless dedicated volunteers.

The 4-H program is comprised of 33 groups involving and thriving under the leadership of countless volunteers. Over 100 active Master Gardeners are involved in educational horticultural programs benefitting our residents along with 25 volunteers of the handwashing team.

Members of the handwashing team teach skills to third- and fourth-graders; this is a joint effort with the Madison and St. Clair County Health Departments.

This year over 250 volunteers have assisted the extension service in fun and informative activities of extension volunteers goes on; with individuals giving their time and talents to

share with others to better our counties.

Thanks to everyone who helps our youth, families and communities. Even though extension volunteers are appreciated throughout the year, this is the time to praise them in exceptional ways. If you know one of the Madison/St. Clair Unit Extension volunteers, be sure to thank them for the betterment of our citizens.

The work of these volunteers is continuous. Every day a volunteer is reaching out to lend a helping hand.

They are tireless workers and their time because they care about people of Madison and St. Clair counties. The staff at the extension service salutes all our many volunteers who assist through committees, council, special events, school enrichment, 4-H shows, and more.

## Lake Elementary School offers family night party

Lake Elementary School will be sponsoring Family Night at Madison High School on April 30. This special event will be held at the McDonald's on Johnson Road from 5 to 7 p.m.

A portion of the sales during the started time will be

returned to the Lake School RIF Program. RIF stands for Reading Is Fundamental, a program that provides all students at Lake School with three or four books per year for their personal library. Tom Haefner is the coordinator of

the program. He is assisted by parent volunteer, Mary Murphy, and a group of other interested parents. When making your purchase, when McDonald's on April 30, please mention Lake School. All involved appreciate your support.

used for Tuesday morning.

Anyone having any information relating to Stell's activities the evening of April 3 or the early morning hours of April 4 is asked to immediately call the Madison County Sheriff's Department at

692-0871 for detectives, 692-1140 for the 24-hour anonymous tip line, or 692-4433 for the 24-hour number.

— Scott Kelly

## Body found near canal

A body was found Monday evening just south of the Old Chain O' Rocks Bridge near the bypass canal.

The Madison County Sheriff's Department identified the body as that of Paul E. Stell, 40, of 29 Bel-Vista in Lebanon.

He was found fully clothed except for shoes.

Stell was last seen by a family member April 3 at his residence. He was reported missing to the St. Clair County Sheriff's Office on April 6.

As of Journal press time, the exact cause of death was not known. An autopsy was sched-

uled for Tuesday morning.

Anyone having any information relating to Stell's activities the evening of April 3 or the early morning hours of April 4 is asked to immediately call the Madison County Sheriff's Department at

## Granite City Journal

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## Proven teaches value of school

By Scott Kelly  
Staff writer

Illinois Power and Junior Achievement together hope to encourage student interest in staying in school.

Recently, the utility company presented JA with \$6,000 to cover the entire cost of the Economics of Staying in School program, which will get students in the Granite City, Madison and Lovejoy school districts.

Jim DeVore, customer relations manager in Granite City for Illinois Power and a Junior Achievement board member, will talk Thursday afternoon to kids at Madison Middle School about the importance of staying in school.

Junior Achievement educates

and inspires young people to

value free enterprise, business

and economics to improve

the quality of their lives.

Business leaders became concerned in the 1980s about the competitive position of the United States in world markets. The nations competitive position is directly affected by the education and training of youth and the ability to compete successfully in the modern, highly technical society.

Business leaders became concerned in the 1980s about the competitive position of the United States in world markets. The nations competitive position is directly affected by the education and training of youth and the ability to compete successfully in the modern, highly technical society.

The Staying in School program was created in response.

"Several community boards concerned after an article came out a few years ago on the drop-out rate in the metro area, and Granite City (area) rated pretty high," DeVore said.

"The program seemed to fit real well with the need," he said.

Through realistic, hands-on

activities, JA hopes to teach

students to:

- Recognize the value of a high school diploma.
- See individual earning potential at various academic levels.
- Understand the costs of living on one's own.
- Become aware of the relationship between education and

personal and career goals.

At Southern Illinois University at Edwardsville, education majors gain classroom experience by serving as presenters for JA presentations. Middle school students will present the program at Grigsby, Madison Middle and Madison High schools.

**HAIR**  
BY Phil

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## NEWS

**Donations**

Staff photos by JOHN FRESE

Above, Nancy Colby, first-junior vice president of the Department of Illinois for the Disabled American Veterans Auxiliary and commander of the Granite City Unit, presents Butch Wojtowicz of Christmas in April with \$500 raised from Bingo. At right, Nelson King of the Pontoon Beach Lions Club presents Wojtowicz with \$1,000 for a Christmas in April house sponsorship.

**City stickers are now available**

City stickers are available at the city clerk's office at Granite City hall until May 15. The costs are \$5 for cars, \$10 for trucks and \$3 for motorcycles. After May 15, the price for each sticker doubles. The city clerk's office is open 9 a.m. to 5 p.m. Monday through Friday.

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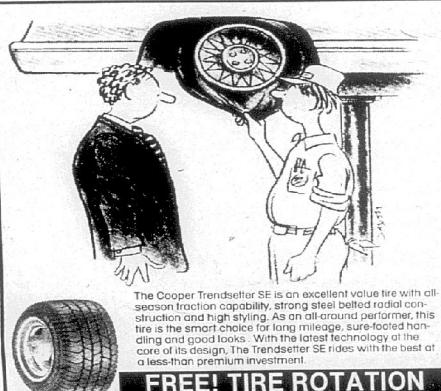
**Location:** Suburban Baptist Church  
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**Summer school slated**By Scott Cousins  
Staff writer

A summer school program for K-12 graders who are lagging behind their classmates and an enrichment program that will pair high school and elementary grade students are on tap in the Madison School District.

District officials are putting finishing touches on this year's summer school program, which will be free of charge.

The district is offering a K-12 program. The program is geared toward helping students catch up to classmates.

"Teachers are going to identify the students who would benefit most by an additional extended year," Superintendent Gary Allison said. "Summer school will be about 3½ hours a day for 20 days in June."

Allison said the elementary

**MADISON SCHOOLS**

summer school will emphasize language arts program.

"We think it's very important to build strength in language arts," he said.

While elementary school students are attending summer school, their parents can enroll in a behavior intervention parenting program through Chestnut Hill Services.

"It would be at the same time that the student is there, but it will only be for four days so we won't offering four days of sessions," Allison said. "We would like at least 8 parents to participate in each session."

At the high school level, Allison said the district is offering math and language classes. Classes will be offered for freshman-sophomore and

junior-senior levels.

"It's to encourage students to continue their education rather than drop out because they are behind," he said.

If space permits, other students can take the course as a noncredit summer tutoring program.

The summer school program is being underwritten by state and federal grants.

A state grant is also paying for the district's intergenerational enrichment program.

The program will place selected high school students to serve as mentors for elementary school students.

"All students will get together once per week to work on an hour-long lesson plan that has been developed," Allison said. "What that is done, they go do something exciting."

Allison said the district did a similar program several years ago with Big Brothers and Big Sisters.

The new program will be coordinated by the school, and use district personnel. They will have approximately 10 sessions from June through August.

Use is on a first-come, first-served basis for each of the 10 sessions, with an additional hour if no other patrons are waiting.

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### **Airport lands 1st business**

By Mark Hodapp  
Staff writer

MidAmerica Airport has landed its first business.

Lang Air, an aircraft refueling and maintenance company based out of St. Louis Regional Airport in Belthito, temporarily has set up a satellite office in MidAmerica's terminal, company president Irv Lang said Monday.

Lang said his plans to expand the business at MidAmerica as the airport grows.

He also plans to build a hanger there.

But that's going to be down the line, Lang said. "That will probably take place sometime next year."

Lang said he initially plans to fuel airplanes and do limited maintenance on small planes at MidAmerica. He already has one fuel truck stationed at MidAmerica.

"We've been looking and trying to expand our operations," he said.

He said he first approached St. Clair County officials about expanding to MidAmerica one year ago. He is confident these leaders, whom he called "aggressive," will make the airport a success.

Lang has about 25 full-time employees, including two at MidAmerica, he said. He believes it's just a matter of time when the first airline decides to come there.

"I think as soon as one airline comes in, it will see a domino effect," he said.

Lang said he's also working with a group of investors to expand his operations at St. Louis Regional Airport. The regional facility was short of hanger space, he said. "I enjoyed flying and decided to make a career out of it," he said.

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## OBITUARIES

**Prentis Jackson**

**PRENTIS WALTER JACKSON**, 19, of Brooklyn, died Friday, April 17, in East St. Louis. He was a native of Crevecoeur.

Survivors include his mother, Mrs. Forestine Jackson Jones of Brooklyn; his father, Leroy Jones of Brooklyn; his grandmother, Mrs. Walter, once known as Juanita Jackson of Brooklyn; three stepbrothers, Cynthia Branch of Brooklyn, Sarita Jones of Columbia, Mo.; two sons, Jason and Madison; and two stepbrothers, Leroy Jr. and Aron Jones, both of Brooklyn.

Visitation will be from 4 to 9 p.m. today, April 22, at Officer Funeral Home in East St. Louis. Services will follow Thursday, April 23, at the Morning Star Christian Baptist Church in Brooklyn, with the Rev. Frank Glover officiating. Interment will follow at the Sunnyside Cemetery in East St. Louis handled the arrangements.

**E. June Mercer**

**E. JUNE MERCER**, 60, of Granite City died at 6:55 a.m. April 19, 1998, in Gerald, Mo.

Mrs. Mercer was born June 28, 1937, in Granite City. She was employed by Granite City School District as a bookkeeper, and a member of the First Assembly of God in Granite City.

Survivors include her two daughters, Linda of Gerald, Mo., and LaDon Van of Largo, Fla.; four sisters, Bernice Mercer, Ruth Kaminsky, Faye Gardner, and Shirley all of Granite City; four brothers, Maynard Mercer, Watson Mercer, Glen Mercer all of Granite City, and one brother, Melvin of Palmyra, and four grandchildren.

She was preceded in death by her parents, Carl and Vineta (Belli) Mercer; and one sister, Virginia Gannan.

Services were Tuesday, April 21, at First Assembly of God with Rev. Roy Johnson officiating. Burial will be in Sunset Hill Memorial Estates.

Memorials may be made to the First Assembly of God.

**Alice Randal**

**Alice M. (SIGNAIGO) RANDALL**, 67, of Granite City died April 19, 1998, at Barnes-Jewish South Campus.



Mrs. Randall was born June 24, 1930, in Granite City. She was a member of the Grace Baptist Church. Survivors include her daughter, Patricia Wad of Alaskka; two sons, Michael Randall of Alsip, Ill., and Dennis Randall of Granite City; one brother, John Signaigo of New Jersey; two sisters, Mary Simon and Ella Mae, both of Granite City; nine grandchildren; and one great-grandchild.

Services ended in death by her husband, Robert Randall Sr.; her parents, Charles and Ella (McIntyre) Signaigo; one son, Robert Randall Jr.; and one brother, Howard.

Services will be 11 a.m. today, April 22, at Grace Baptist Church in Granite City, with the Rev. John G. Gammie officiating. Burial will be in Sunset Hills Memorial Estates in Glen Carbon.

Memorials may be made to the American Cancer Society.

Irwin Chapel handled the arrangements.

**William Gray Sr.**

**WILLIAM "BILL" GRAY**, 70, of Granite City died at 6:40 a.m. April 19, 1998, at his residence.

Mr. Gray was born Dec. 22, 1927, in Elgin, Ill. He was retired from Granite City Steel as an engineer, a U.S. Army Korean War veteran, and a member of the Protestant faith.

Survivors include his wife, Kathryn (Burk) Gray; three sons, Jerry Cleveland, of Granite City, Vernon Gray of Pasadena, Texas, and William Gray Jr. of New Orleans, La.; three daughters, Carol Wall, Lucia Justice, and Nancy Gray, all of Granite City; one brother, George Gray of Herber Springs, Ark.; 18 grandchildren; and 13 great-grandchildren.

He was preceded in death by his parents, George and Martha (Fricke) Gray.

Services will be 10 a.m. Thursday, April 23, at Werner Chapel in Granite City with the Rev. Alan Redfern officiating. Burial will be at Lakewood Memorial Gardens.

**Brianna Hopkins**

**BRIANNA M. HOPKINS**, an infant, of Abilene, Texas, died April 17, 1998.

Survivors include her parents, John and Shannon Hopkins; mater-

nal grandparents, Dennis and Harry Duchsler of Granite City; paternal grandparents, Mike and Pat (Lottis) Fultz of Granite City; maternal great-grandparents, Bertha and William Sorenson, Toyon, Ariz.; Harry Leroy Sr. all of Tucson, Ariz.; paternal great-grandmother, Mary Fultz of Glendale.

Services are pending at Elliott-Hamill Funeral Home.

Memorials may be made to the Air Force Aid Society.

**Frances Barr-Clark**

**FRANCES BARR-CLARK**, 59, of Mitchell died at 2:20 p.m. Sunday, April 19, 1998, at her residence She was born Nov. 3, 1938, in Doniphan, Mo.

Mrs. Clark was a homemaker and a member of St. Frances de Belleville.

Survivors include her son, Larry Barr, of Virginia Beach, Va.; two brothers, James and Mathew of Mitchell; and Nancy Torres of El Paso, Texas; her mother, Evelyn (Patsy) Slayton of Granite City; two brothers, James and Shirley Jim Stayton of Granite City; one sister, Clarie Tyler of Collinsville; several grandchildren; and two great-grandchildren.

She was preceded in death by her father, Luther Slayton; one daughter, Marcia Tyler; and one grandchild, Diane Slayton.

Services will be at 10 a.m. today, April 22, at Werner Chapel in Granite City, with the Rev. Bill Fisher officiating.

Burial will be in Sunset Hills Cemetery in Granite City.

**James Laird Sr.**

**JAMES WILLIAM "BILL" LAIRD**, 70, of Granite City died at 5:47 a.m. Saturday, April 18, 1998, at St. Elizabeth Medical Center. He was born Dec. 27, 1927, in Granite City.

Mr. Laird retired from maintenance supervision at Granite City Steel.

Survivors include his wife, Virginia (Dettwiler) Laird; one daughter, Judy Seneczy of Granite City; two sons, James Laird Jr. of Beaverton, Ore.; and Donald Laird of Columbia, Tenn.; one brother, Norman Laird of Troy; several grandchildren, Michelle Seneczy and Tom Seneczy, both of Granite City; and one great-grandchild, Jessie Laird, both of Beaverton, Ore.; and one great-grandchild, Billy Seneczy of Granite City.

He was preceded in death by his parents, James and Emma (Huels) Laird.

Services were Monday, April 20, at Irwin Chapel in Granite City, with the Rev. David Fielding officiating.

Burial was in Sunset Hill Memorial Estates in Granite City.

Memorials may be made to the Hope Lutheran Church.

**Herman Smith**

**HERMAN E. SMITH**, 88, of Edwardsville died at 4:42 p.m. Friday, April 17, 1998, at Eden Village Care Center in Glen Carbon. He was born March 20, 1910, in Granville, Mo.

Mr. Smith retired from General Stores in Granite City and was a member of the International Brotherhood of Boilermakers and a U.S. Army veteran, having served in World War II.

Survivors include his wife, Bessie (Barnstable) Smith; one son, Albert Smith of Fairview Heights; two daughters, Edna Dennis of East Alton and Rosemary Schwaner of Bettendorf, Iowa; three brothers, Cleo Smith of Caseyville, Leo Smith of Collinsville, and Charles Smith of Madison; one sister, Eavy Tyler of Edwardsville; eight grandchildren; and one great-grandchild.

He was preceded in death by his parents, James and Emma (Huels) Smith; his stepmother, Rosie Mae Smith; four brothers; and three sisters.

There will be no services. Cremation followed the visitation.

Weber Funeral Home handled the arrangements.

**Frank Onesky Sr.**

**FRANK ONESKY**, Sr., 93, of Edwardsville died at 4:42 p.m. Friday, April 17, 1998, at Madison County Care Center. He was born May 19, 1904, in Hillyville, Okla.

Mr. Onesky was a blacksmith and a member of the Brotherhood of Blacksmiths and St. Mary's Catholic Church.

Survivors include his two sons, Frank Onesky of Glen Carbon and John Onesky of Collinsville; two grandsons; and three great-grandchildren.

He was preceded in death by his wife, Agnes (Severa) Onesky; one brother, Andrew Onesky; and one sister, Ann Onesky.

Services were Tuesday, April 21, at Edwardsville Catholic Church in Madison with the Rev. Jim Keeney officiating. Burial was in Calvary Cemetery in Glen Carbon.

Memorials may be made to the American Cancer Society.

Irwin Chapel handled the arrangements.

Memorials may be made to St. Mary's Building Fund.

Thomas Memorial Mortuary handled the arrangements.

**Lee Rives**

**LEE RIVES**, 32, of Caseyville died Saturday, April 18, 1998, at his residence.

Mr. Rives was born Aug. 2, 1965, in East St. Louis.

Survivors include his mother, Georgia Ferguson of Caseyville; his step-father, Gerald Ferguson of Granite City; and his brothers, Mark Rives of Belleville, Robert Rives of Mascoutah, Dwayne Rives of St. Louis, and Jerry Ferguson of Ponca City, Okla.

Services were Tuesday, April 21, at Her Funeral Home in Caseyville.

Memorials may be made to the Dohors Choice.

Memorials may be made to St. Mary's Building Fund.

Thomas Memorial Mortuary handled the arrangements.

**Marcella Tucker**

**MARCELLA B. (BOYER) TUCKER**, 76, of Granite City died Friday, April 17, at St. Mary's Health Center in Richmond Heights, Mo.

Services were Tuesday, April 21, at Her Funeral Home in Caseyville.

Memorials may be made to the Dohors Choice.

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## NEWS

**Law and order**

Belleville Area College recently held a graduation for its Police Academy. Eugene J. Wilkinson II, left, receives his graduation certificate from Kenneth Joseph, a BAC board member. Wilkinson serves with the Pontoon Beach Police Department.

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FURNITURE & BEDDING**

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Some Items Similar To Illustration  
TERMS: Cash, Check, Visa, MC, Discover

# Union challenges board over decision

By Nicole Vaughn  
Staff writer

Union members hit the Madison County Board with a labor relations violation Friday morning, faulting the board for not sitting down with employees of the Madison County Nursing Home and Madison County Sheltered Care Home.

Negotiating with members of AFSCME Local 799 was one part of a resolution voted down 15-13 by the board during its meeting Wednesday.

The resolution called for spending up to \$50,000 to hire a consultant to study non-tax generated means of funding a new combined county care center.

"They would not sit down and negotiate with us on the basis of (the homes)," said Pat Carter, Local 799 president. "There's a lot of people to consider in all this, especially the elderly."

Between the two homes, there are 165 residents, Carter said. The two homes have 134 union employees, not including management.

"They got a lot of people who are looking at losing their jobs and homes who have to find somewhere to put their loved ones," Carter said. "It's kind of like we're trying to sit down and negotiate with the County Board, and they apparently don't want that to happen."

During Wednesday's meeting, board members questioned whether it would be legal to close the homes without negotiating with employees. State's Attorney William Haine said it is.

"It's not against the law (for the board) to exercise its legal discretion to close the homes without negotiating... That decision can be effected by a bargaining agreement," Haine said.

Member Bill Little, D-Alton, chairman of the Finance Committee, tried to introduce a counter-resolution that proposed closing the homes Nov. 30. The measure did not make it to a vote, however, because the 6-13 vote to suspend the rules to get it on the agenda did not reach the needed two-thirds majority.

**MADISON COUNTY**

That resolution likely will resurface today during a special meeting set for 9:30 a.m.

Little said it will be discussed in a Finance Committee meeting Tuesday. No one should be surprised by it, Little said.

The resolution recommended the closings quite a few weeks ago, Little said. "Knowing what we lose (financially), I just don't think there's any realistic solution to keep them going."

Little said even if selling property around the nursing homes gleaned more than \$1.5 million, it would not go to raise the estimated \$6.5 million needed to build a new home.

"It's not the homes or the service they provide that anyone is grining about but the financial situation," Little said.

Member Bob Stille, D-Edwardsville, chairman of the Health Institutions Committee and the source of the failed resolution, said that was the purpose of the effort.

"It certainly was a missed opportunity to exercise our options," Stille said. "The resolution was giving everybody time to think about what will go on. Closing on Nov. 30 is something I don't think they can possibly do."

But if that is the path chosen, to be taken, Roger Hotson, said some members will take it. The nursing home's administrator, Hotson said the past several months have been hard on the residents, their families and the homes' employees.

"No action is almost worse than a negative action," Hotson said. "At this point, I think everyone is hoping the County Board will hurry up and do something. I think the families have basically given up."

Hotson said two residents were transferred to other facilities last week. He anticipates several other transfers, but also some problems with that process.

"There are not 400 beds available in and around this facility and I think that there is going to be great difficulty in finding spaces for all of these people," Hotson said.

## Nation averages nearly 1,000 tornadoes per year

By Kimberly Haas  
Staff writer

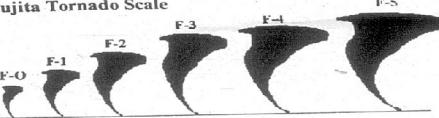
The United States experiences about 100,000 thunderstorms each year. From those thunderstorms, nearly 1,000 tornadoes develop, according to the Federal Emergency Management Agency.

While tornadoes occur anywhere in the U.S., the most frequently hit areas are the Midwest, Southwest, and Southeast. Illinois, Missouri, Alabama, Arkansas, Georgia, Indiana, Iowa, Kansas, Louisiana, Mississippi, Nebraska, Oklahoma, South Dakota, and Texas are at the greatest risk, according to FEMA.

Consequently, everyone should be prepared and take the proper precautions when a tornado warning is issued. A tornado watch is issued when a tornado has been sighted and is headed in our direction. A tornado watch is issued when a tornado is possible in your area, according to the American Red Cross Disaster Services.

When tornadoes were sighted in St. Clair County last week, warning sirens were activated by many cities.

Soil Doering, lead telecommunicator with the Fairview Heights Police Department, said the city's sirens were activated last Wednesday after a tornado warning was issued in St. Clair County. When the sirens went on, the phone calls

**Fujita Tornado Scale**

F-0: 40-72 mph, chimney damage, tree branches broken

F-1: 73-112 mph, mobile homes pushed off foundation or overturned

F-2: 113-157 mph, considerable damage, mobile homes demolished

trees uprooted

F-3: 158-205 mph, roofs and walls torn down, trains overturned, cars thrown

F-4: 207-260 mph, well-constructed walls leveled

F-5: 261-318 mph, homes lifted off foundation and carried considerable distances, autos thrown as far as 100 meters

started coming into the police department.

More than 100 phone calls were received by the department from residents, Doering said. However, before residents call the police department concerning tornadoes residents turn on their television or radio to find out why the sirens have been activated.

The peak time for tornadoes is between March and June, said Doc Horsley, an American Meteorological Society certified meteorologist with Southern Illinois University at Carbondale.

A thunderstorm, and sometimes

a hurricane, can spawn a tornado. When cool air overriders a layer of warm air, it (See TORNADOES, Page 8A)

**•WOA—**

(Continued from Page 1A)  
Chairwoman: S. Chapman, community development; Margaret Dagen, lifetime achievement; Karen Duffy, social responsibility; Barbara Eagleton, cultural enrichment; Jan Lipic, volunteer leadership; Dr. John L. Miller, international awareness; Sister Mary Jean Ryan, civic responsibility; and Denice Wright, community service.

**•Drivers—**

(Continued from Page 1A)

this week on the matter. If successful, the land would be used for a 17,000-car parking lot.

In the meantime, Wickham said track workers were still working on parking, and arrangements would be similar to last year's.

He said more information on the parking situation would be made available closer to race day.

## Cemetery association sets meeting

The Oaklawn Cemetery Association will hold its annual business meeting April 25 at the Glen Carbon Village Hall Community Room.

The entrance is at the rear of the village hall. For more information call 289-9282.

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## BUSINESS

# Despite low inflation, keep possibility in mind

In today's economy, the runaway inflation of the 1970s and early 1980s seems like ancient memory. But prudent investors always keep inflation in mind.

What's so bad about inflation? For one, it erodes the buying power of a dollar (see chart). For example, even with a relatively low inflation rate such as 3.5 percent, the dollar's value would decline by 50 percent in 20 years. In other words, in buying power creates unusual hardships for people living on fixed incomes. While prices rise, their income don't.

The good news is that today's world is different from that of the '70s and '80s, and therefore inflation as we know it may no longer be the threat.



**Jeff  
Prosser**

fewer employees and increased efficiency. The downsizing of many companies illustrate this. While it may temporarily affect workers and benefits, it may be cost-effective.

Finally, receding deficits in the budget deficit economies may be positive signs for continued low inflation.

Still, inflation is a bad word for investors. You can bet that analysts and portfolio managers will continue to watch interest rates. (observe the stock market's reaction whenever Alan Greenspan speaks.)

Even though today's outlook appears positive, inflation should always be a consideration in building a successful portfolio.

It once was.

For one thing, today's economy is more globalized. Our forced competition with foreign markets creates a built-in incentive to keep consumer prices down.

In addition, some analysts believed that advanced technology has reduced the cost of doing business. Often, modern methods of production mean

## Storm victims warned by BBB

Victims of recent storms should beware of unscrupulous individuals who follow in the wake of any disaster, the Better Business Bureau has warned.

Victims are urged to require people claiming to be contractors, government representatives, inspectors or insurance adjusters to produce proper identification.

Take whatever action is nec-

essary to protect your property from further damage as required by your insurance company before dealing with unknown contractors and door-to-door damaged goods. Work done by such individuals is usually shoddy and expensive. When problems occur, the consumer has no way to locate the person who did the work in order to voice a complaint, much less have the

problem remedied. Severe storms and flooding across the country will result in many damaged vehicles for which unethical dealers may make a profit. Look under the dash, in the glove compartment and on inside door panels for signs of flooding. In flood cases, a floating line will indicate how high the water rose on a vehicle. Also look for signs of hail damage.

While the problems of the storm victims are real and the public's desire to help is sincere, a solicitor asking for money may not be. Do not be pressured into making a donation on the spot. The organization that wants your money today will welcome it just as much after you have checked with the Bureau.

If you are a victim and have homeowner's insurance, be sure to check the extent of your coverage, as well as the possibility of state or federal aid for those living in declared disaster areas.

Before doing business with transient workers, such as tree removal, siding or roofing con-

(See VICTIMS, PAGE B8)

### Clinical Research Associates of Edwardsville

Is in need of volunteer, ages 18 or over, with Bipolar Disorder who are currently depressed but who have a history of mania or hypomania to participate in a research study comparing an investigational drug with a placebo for this disorder. Symptoms include:

- |  |   |
|--|---|
| <b>DEPRESSION</b>                          | <b>MANIA/HYPOMANIA</b>                  |
| • Blue Spells, Crying Spells               | • Elevated, Expansive Or Irritable Mood |
| • Loss Of Interest & Pleasure              | • Inflated Self-esteem, Grandiosity     |
| • Fatigue                                  | • Increased Need For Sleep              |
| • Difficulty Concentrating, Indecisiveness | • Explosive Or Pressured Talking        |
| • Appetite Or Weight Changes               | • Racing Thoughts                       |
| • Loss Of Interest In Sex                  | • Distractibility                       |
| • Feeling Of Guilt Or Worthlessness        | • Increased Activity, Agitation         |
| • Thoughts Of Death Or Suicide             | • Bad Judgment                          |

Suitable volunteers will receive a study related medical and psychiatric evaluation and study drug from a psychiatrist free of charge. If you or someone you know would like to be considered for a study please call (618) 659-0292.

**Clinical Research Associates**  
1121 University Drive  
Edwardsville, Illinois 62025  
**618) 659-0292**

Lynn A. Cunningham, M.D.  
Director of Clinical Research

**FINAL WEEK!! SALE ENDS SUN. APRIL 26**

**OUR ALTON SQUARE MALL STORE IS  
1 YEAR OLD  
AND WE'RE CELEBRATING BY GIVING YOU**

- 10% OFF** Our Everyday Low Furniture Prices  
On Furniture Purchases Between \$400 and \$2,500  
**Plus 0% Interest For 1 Year**  
**12% OFF** Our Everyday Low Furniture Prices  
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**BEDROOM SUITES**

Dresses, Mirrors, Headboards, Chest of Drawers, Wardrobes, Armoires  
OVER \$1,000 - 10%  
OVER \$1,800 - 12%  
OVER \$3,000 - 20%

**Savings**

**Savings**</p

## •Tornadoes— Planning could help if tornado strikes

(Continued from Page 5A)

forces the warm air to rise rapidly.

Added moisture and a high dew point level, along with the jet stream moving about twice its normal speed, are conditions favorable to tornadoes, Horsley said.

As the faster moving cold air descends on the slower moving warm air, a horizontal tube begins to form in the center to fill the void. The tube begins rotating as a wind sheer, Horsley said.

The tube is eventually turned, rotating straight up and down into the thunderstorm. As it reaches the ground, it punches out the top of the clouds as the vortex swiftly moves toward the ground, Horsley said.

"Each of the steps have to occur (for a tornado)," he said.

Those cyclones rotating above the ground are funnels, Horsley said. When it touches the ground, it becomes a tornado.

In the 1960s, the Fujita Tornado Scale was established, Horsley said. The scale is based upon the damage created by the tornado, he said.

According to the scale, an F-0 has winds between 40-72 mph, causing chimney damage and broken windows. An F-1 has winds between 72-112 mph, causing surface destruction and mobile homes to be pushed off their foundations or overturned.

An F-2 has winds between 113-157 mph, causing considerable damage, including mobile homes being demolished and trees uprooted. An F-3 has winds between 158-200 mph, causing roofs and walls to be torn down, trains to be overturned, and cars to be thrown.

An F-4 has winds between 207-261 mph, causing the surface of the land. An F-5 has winds between 261-318 mph, causing homes to be lifted off their foundation and carried considerable distances, along with throwing automobiles as far as 100 meters.

## •Drive —

(Continued from Page 1A)

broke at least 65 million pounds (nationally)," Elliff said. "After five years we're doing (locally) close to 60,000 pounds of food."

The local carriers have experienced a 10 percent growth in the amount taken in each year, he said.

The carriers don't do it alone, of course. The Greater Madison County Federation of Local Lenders, a hand, and retired carriers postal supervisors and local food banks all pitch in.

Carrriers and helpers pick up the food with their regular route, and the food is taken back to the post office, where it is evenly divided up, depending on how many food banks are involved. LAST year, there were six.

The people in this area have been thoughtful in past years in donating food.

"They don't just put out cans of what they don't want; they go shopping and leave a full bag for us," Elliff said. "If they can't put out food, they send checks to the locals, and we send them to food banks."

All local food banks wanting to participate should call Mike Elliff or Chris Glass at the Granite City Post Office at 877-0700 Monday through Saturday. Information will be made as soon as possible.

All residents wanting to participate may leave a food contribution by their mail box to be picked up by the carriers during the week of May 4-8. A week before the collection date, more information will be mailed out courtesy of Campbells. That will be residents' signal to prepare their donations.

## General Steel reunion slated

Former employees of "Common Wealth Plant, General Steel Industries Corp." have scheduled a get-together from 8 a.m. to 11 a.m. Saturday, May 2, at the Granite City Township Hall, 2060 Delmar Avenue in Granite City. Anyone interested in attending or obtaining additional information, may call 931-1226 or 656-7948.

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Granite City's New Subdivision  
ON 21 ACRE EAGLE LAKE  
FOR YOUR LOT NOW  
**FLOOD RELAY CENTRE**  
Call 618-931-2600

## Planning could help if tornado strikes

By Kimberly Haas  
Staff writer

Preparing a plan and assembling a disaster supplies kit could help if a tornado hits the metropolitan area.

According to the American Red Cross Disaster Services, a home tornado plan should include a designation for family members to meet if a tornado is spotted. The location could include a basement, a center hallway, bathroom, or closet on the lowest floor.

The Red Cross also recommends periodically practicing your tornado drills, reminding family members what steps to take in an emergency.

A disaster supplies kit should

include:

- ✓ a first aid kit and medications
- ✓ battery-powered radio to check on the weather conditions
- ✓ a flashlight and extra batteries
- ✓ canned food and a can opener
- ✓ bottled water with at least one gallon of water per person per day to last at least three days
- ✓ sturdy shoes and work gloves
- ✓ written instructions on how to turn off the building's utilities.

Following a tornado, residents should stay away from fallen power lines.

(Continued from Page 1A)

## •Robbery —

(Continued from Page 1A)

the car and stuck a gun in the victim's face. As the victim backed away, Hoults allegedly came up and hit him with a handgun. Williams then allegedly hit him, knocking the victim to the ground.

The three continued to beat him, then searched the victim and took \$300 in cash and his pager.

According to police, the robbery was probably drug-related. In other news, a 17-year-old Madison resident may be facing federal weapon charges.

According to police reports, on Thursday, U.S. Marshals spotted several men allegedly "smoking dope" in the Grenzer Homes area.

It was noted that U.S. Marshals out of the East St. Louis office have been spending more time in the Madison-Venice area in the past few months.

According to police, the marshals stopped a 17-year-old, who allegedly attempted to throw away several off-white chips of suspected crack cocaine.

Under the youth's bed, the marshals found two semi-automatic handguns. One a Ruger, was never stolen. The second handgun, a .25 caliber Raver, had the serial number filed off.

The youth was released pending pending federal indictment on the weapons charge; the guns were confiscated.

## •Victims —

(Continued from Page 1A)

tractors, ask for a name, address and telephone number. Check the truck, which should have a name painted on the side, and a license plate to determine if it is current and in what state it was issued.

Extreme amounts of rain also generate numerous inquiries on basement waterproofing companies. After getting more than one estimate, compare the cost of the work to be done, the quality of materials to be used and the cost of financing the work.

Be sure to carefully read and understand the contract, and do not sign a completion form until you are totally satisfied with the job.

If a company is offering a guarantee, verify how long the firm has been in business. A guarantee is only as good as the firm which backs it.

Storm victims are urged to contact the Better Business Bureau at (314) 645-3300 before doing business with a firm.

Carriers and helpers pick up the food with their regular route, and the food is taken back to the post office, where it is evenly divided up, depending on how many food banks are involved. LAST year, there were six.

The people in this area have been thoughtful in past years in donating food.

"They don't just put out cans of what they don't want; they go shopping and leave a full bag for us," Elliff said. "If they can't put out food, they send checks to the locals, and we send them to food banks."

All local food banks wanting to participate should call Mike Elliff or Chris Glass at the Granite City Post Office at 877-0700 Monday through Saturday. Information will be made as soon as possible.

All residents wanting to participate may leave a food contribution by their mail box to be picked up by the carriers during the week of May 4-8.

A week before the collection date, more information will be mailed out courtesy of Campbells. That will be residents' signal to prepare their donations.

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A view of Nameoki Village shopping center along Nameoki Road.

Staff photo by JOHN FRESE

(Continued from Page 1A)

## •Nameoki —

(Continued from Page 1A)

leaves something to be desired," Hewlett said.

Joe DiPietro, chairman of the commercial quality committee (along with Jack Dempsey), said after a series of meetings, the committee came to three main areas the group will examine to improve the overall appearance of the center and drainage.

For the purposes of Solid Granite, for the Nameoki Village area, the group will examine everything from Madison Avenue to Puento Road, Hassler said.

"The property owners decided to donate a portion of the property," Hassler said. Solid Granite had heard many owners wouldn't go for such a study, but "they're all in it," he said.

St. Louis company has been commissioned to perform the traffic study. The city did not have traffic information available, Hassler said.

"We're also (going) to encourage the city to put together a tax increment financing district for Nameoki

## Solid Granite sets objectives

Solid Granite's redevelopment objectives are:

- Image enhancement — Recreate Granite City into the cleanest industrial city in America.
- Entryway improvements — Redesign Granite City's entry corridor to be more attractive in the Midwest.

- Residential quality — Create new residential neighborhoods while removing all blighted neighborhoods in the city.

- Transportation viability — Ensure that MetroLink serves the residents of the city, even though a MetroLink ballot initiative was defeated November 1997.

- Tourism — Provide festivals, museums, recreation, tours and hospitality areas for tourism.

- Commercial quality — Redevelop commercial districts, downtown and Nameoki Village into quality investment areas.

- Industrial quality — Redevelop all industrial districts and brownfields into quality environmental areas.

Village," Hassler said. A TIF would divert certain tax revenues back into the district attempting to be redeveloped.

Half of the commercial quality committee is also examining the downtown business district, and Hassler said the group plans to meet soon to put together a list of what needs to be done.

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## NEWS

**Secretarial roles change with times****Will program set for hospital**

St. Elizabeth's Hospital in Belleville will present a free community program titled "Living Wills, Why Everyone Should Have One," at 7 p.m., April 30, in the Centennial Room.

Presenters will be Dr. Joseph Prosser, medical director of St. Elizabeth's Hospital, and hospital attorney Michael

Nester of Donovan, Rose, Nestor and Szewczyk, P.C.

A living will is the first kind of legally recognized document.

A living will kits will be available to all who attend. Due to limited seating, reservations are requested by calling 234-2120, Ext. 1575.

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▼ Learn about available treatment options

There is no need to suffer any longer. Dr. Syed Ali of Family Medicine of Illinois will discuss ways you can manage migraines - how they are triggered and treatment programs available. Seeking help from your doctor means not having to give up another to migraine.

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7 p.m.

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Advance registration is requested. To make a reservation, call  
Memorial's Community Relations Department at 257-5649.

**Orchestra registrars**

The Metro East Junior Orchestra is now registering musicians for its summer program. This will be an eight-week program beginning June 1 and ending with a concert July 26.

Rehearsals are held from 5:30 to 7:30 p.m. every Monday night in Orchestra Hall, 116 N. Jackson, Belleville.

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**NEWS**

**'I deal with people from presidents of companies to the homeless. Everyday is a challenge. Everyday is different.'**

Vicki Dawe  
mayoral secretary

the mayor's schedule, agendas, liquor licenses — and then there's the telephone answering.

"The phones ring constantly," Dawe said. "I deal with people from presidents of companies to the homeless. Everyday is a challenge. Everyday is different."

She said the most rewarding thing about her job is having a wonderful boss.

Carleen Guthrie has been with the city of Fairview Heights for three-and-a-half years.

First, as a part-time secretary for Mayor George Lanxon and then moving into a full-time position as the mayor's secretary.

"It's an exciting position because you meet all kinds of different people," she said. "There is never a dull moment, because you are always busy."

When Vicki Dawe started working for Belleville in 1965, she had no clue that she would someday be the mayor's secretary.

"I went all the way from the switchboard to the mayor's secretary," Dawe said.

Dawe was employed by Belleville's mayor last April.

Dawe said she takes care of the city's work force — this time as Kern's secretary.

Dawe said she enjoys coming to work every day.

For the past 18 months, Krakosky has been secretary to Swansea Village President Michael Buehnlhorn.

"The job's exciting and never dull," Krakosky said. (Buehnlhorn) makes it really enjoyable. I couldn't be happier."

When Krakosky isn't busy with her duties as a secretary, she greets those residents coming into the government center at the front window, helping them with questions and con-

"It's different every day," she said.

Linda Stults, 49, has been a secretary to Cahokia Mayor Jim King since May 1996. Before her current position, she worked as a deputy clerk at the Centreville Township office.

Stults said she performs many tasks from payroll to answering the public.

"The mayor has an open-door policy," Stults said. "A

lot of people call him for his input on things."

Stults said the job is hectic, and has become even more so after the retirement of long-time mayoral secretary Eva "Sis" Soper, who now participates in organizing the agenda for village board meetings.

Stults said she plans to stay with her present job until she retires.

"I love it," she said. "The mayor is without a doubt the best boss I've ever worked for. He is the most compassionate and fair man I've ever met."

Tina Gee, 49, has been an administrative assistant to East St. Louis Mayor Gordon Bush since 1993.

Gee's long-term goal is to get a bachelors degree in nursing. She currently attends Metropolitan Community College in East St. Louis.

Among the many aspects of the job are answering the phone, typing, filing, ordering supplies and hosting events held by the mayor.

"I love interacting with people," she said. "I love working on the computer and I love being able to assist people."

Gee said the job has also enabled her to meet a wide variety of famous people, from politicians to athletes to musicians.

"It has a lot of perks," Gee said.

— Compiled by staff writers Mark Hodapp, Jason White, Cheryl Moody and Kimberly Haas.

**Deaths**

(Continued from Page 4A)

In lieu of flowers, memorials may be made to the family.

**Bird King**  
BIRD KING, 93, of Granite City, died at 12:05 p.m. Thursday, April 16, 1998, at his home with his family.

King was born Dec. 23, 1904, in Union County, Ill. He retired in 1974 after 16 years doing maintenance for the Granite City Park District and was a member of the West

22nd Street Baptist Church.

Survivors include three sons, Ben King of Waterloo, Iowa; John and David King, both of Granite City; two daughters, Naomi Freeling of Alton and Martha Thompson of Granite City; numerous grandchildren and great-grandchildren.

He was preceded in death by his parents; a wife, Anna King; two sons, Ethel (Smith) King and Helen (Rhodes) King; three sons, James Charles and Oxford King; one daughter, Dorothy King; three brothers, Richard, Nathaniel and Milton King; and two sisters, Gertrude King and Anna Jones.

Services were Saturday, April 18, at Thomas Chapel in Granite City, with the Rev. Lee Atkins of the West Side Christian Church officiating. Burial followed in St. John Cemetery in Granite City.

**Elder Michael**  
ELDER GRANVILLE MICHAEL, 91, of Eagle Park died Sunday, April 12, 1998, at his home.

Survivors include his wife, Mattie Michael; two brothers, brothers Michael and Henry McCoy, plus nieces, nephews, cousins and other relatives.

Services were Saturday, April 18, at the Quinn Mission A.M.E. Church in Madison with the Rev. James Pittman officiating. Interment followed in the St. George Cemetery in Millstadt.

Officer Funeral Home Metro East Chapel made the arrangements.

**Rose Mary Baumeyer**  
ROSE MARY (LE ROSE) BAUMEYER, 58, of Granite City died at 1:26 p.m. April 16, 1998, at St. Elizabeth Medical Center in Granite City.

She was born Dec. 8, 1939, in Granite City, where she lived his entire life. She was a member of St. Mary's Catholic Church in Madison, she retired from First National Bank in Madison in 1993 after 9 years as a teller.

Survivors include her husband, Wayne Baumeyer of Granite City; her daughter, Brigitte Baumeyer of Granite City; her son, Michael Baumeyer of Granite City, her mother, Martha Le Rose of Granite City; and her granddaughters, Tina Baumeyer.

She was preceded in death by her father, Anthony Le Rose; and her son, Todd Baumeyer.

Services were Monday, April 20, at Davis Funeral Home, with the Rev. James Keeper officiating.

Burial followed at Lake View Memorial Cemetery in Fairview Heights. Memorial Masses are suggested to St. Mary's Church in Madison.

**Earl Odum**

EARL ODUM, 77, of Gaultfield, Mo. died at 4:15 p.m. Tuesday, April 14, 1998, at John D. Pershing Veterans Administration Medical Center in Poplar Bluff, Mo.

Mr. Odum was born Dec. 24, 1920, in Coopersburg, Mo. and had been employed for 37 years as an auto mechanic with the Lincoln, Mercury, Ford and Toyota.

Survivors include his wife, Anna (Varie) Odum; five children Dale Odum of Ladue, Mo.; Max Mitchell; James Odum and Steve Odum, all of Granite City; one brother, Ralph Odum of Salem, Mo.; and 10 grandchildren.

He was preceded in death by his parents, James and Letty (Copeland) Odum; one son, Larry Odum; one sister and one brother.

Services were Saturday, April 18, at the Bakersfield Assembly of God Church. Burial was in Bakersfield Cemetery.

Memorials may be made to the American Heart Association.

Robert C. O'Neil Funeral Home handled the arrangements.

The Press-Record/Journal will publish obituaries up to two weeks following the funeral services. Although most obituaries are received from local funeral homes, obituary notices can be sent to the newspaper at: Granite City Press-Record/Journal, 1815 Delmar, Granite City, IL 62040.

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## NEWS

## Cub Scout Pack 96 holds Pinewood Derby



Tiger Cubs: standing with Cubmaster Dennis Lybarger are, from left, third place winner Dakota Childs; second place, Michael Lindsay; first place, Jacob Morris.



Wolf Cubs: third place, Gared Baldwin; second place, Josh Weidner; first place, Derick Winkle.



Bears Den 1: second place, Devin Didominicus; third place, Josh Koenig; first place, Chris King.



Bears Den 2: second place, Brian Ortiz; third place, Chris Cotton; first place, Brandon Lunsford.



Webelos 1: first place, Curt Haeffner; second place, Kane Becker; third place, Josh Feeney.



Webelos 2: first place, Jeremy Whitaker; third place, Andy Lybarger; second place, Chris Ortiz.

### Karius baptized

Joseph Roberto Karius, son of Lisa and Joe Karius and grandson of Rosalie Ann Robertson and Gene Robertson Sr. Joseph Karius was baptized at St. Mary's Church in Marion at Feb. 14 by Rev. James O'F. M. Joseph R. Karius' godparents are Shirley and Richard Jasudowicz. Dinner was served to the family and guests. Joseph Karius is a student at St. Elizabeth School in Granite City.

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The Apartments and Duplex Homes of Eden Village is a division of Eden Village, a non-profit organization affiliated with Eden United Church of Christ. Eden Village also offers The Care Center, a skilled nursing care center with an Alzheimer's Unit, and the new Rehabilitation Therapy Center.



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Cub Scout Pack 96 held their Pinewood Derby on Sunday, Feb. 8, at the Granite City Township Hall. The Pledge of Allegiance was said by Cubmaster Dennis Lybarger. The cubs had their cars weighed and inspected then started to race.

The results were as follows: Tiger Cubs: Jacob Morris, first place; Michael Lindsay, second place; Dakota Childs, third place; Wolf Cubs: Derick Winkle, first place; Josh Weidner, second place; Gared Baldwin, third place; Gared Baldwin, third place; Bear Den 1, Chris King, first place; Devin Didominicus, second place; Josh Feeney, third place; Bear Den 2, Brandon Lunsford, first place; Brian Ortiz, second place; Chris Cotton, third place; Webelos 1, Curt Haeffner, fourth place; Kane Becker, second place; Josh Feeney, third place; Webelos 2, Jeremy Whitaker, first place; Chris Ortiz, second place; Andy Lybarger, third place.

The first place winners then raced to determine the overall winners. The results were: Chris King, first place; Derick Winkle, second place; and

Jacob Morris, third place. Other participants were: Tiger Cubs: Jones, Aaron Campbell, Kyle Robertson; Wolves - Nathan Anderson; Mikey Kassabian, James Butler; Bears - Jivah Harbian, King, Matt Gatchell, Heath Hammes, Webelos - Chase Tannier, David Whitaker, Cameron McMasters, Tim Scaturro, Ryan Jones and Daniel Whitaker.

The Pack 96 Pinewood Derby Committee would like to extend their thanks to the following for making this year's derby a success. Thank you to Jim and Lois Suess, Danny and Debbie Winkle, Debbie Harbian, and Wayne and Marie Lunsford for their donations of time and materials to upgrade our track. Thank you to Leroy Strak, Chartered Organization Rep., Dave Thomas, Troop 141 Scoutmaster, and Troop 141 Scouts: Bobby, Brent, Ryan Horacek and Ethan Thomas for their assistance at the weigh-in, inspection, and the start and finish lines. A thank you is also extended to the Granite City Township Hall and to all the volunteers.



Overall winners were: first place, Chris King, second place, Derick Winkle, third place, Jacob Morris. They are standing with cubmaster Dennis Lybarger.

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Drawing will take place at St. John Neumann Catholic School on Saturday, May 16th, 1998. Proceeds from the Big Bucks Bonanza are to be used for Student Financial Aid, Building and Operational Funds for St. John Neumann Catholic School. (Grades Pre-K thru 8) serving the parishes of St. Cecilia, Glen Carbon, St. Jerome, Troy and Our Mother of Perpetual Help, Maryville, Illinois.

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**NEWS**

# Retirement communities on the increase

Retirement communities are increasing in number throughout the country and the Midwest is certainly no exception. The advancing technologies in health-care services, health-lifestyle and health retirement have all contributed to living longer and healthier lives than past generations. The average American will live an additional 15 years after retiring and the market is definitely reaching out to them.

Retirement communities vary greatly, but have some basic similarities. Most feature basic amenities of independent apartments. Like any apartment complex, residents drive their own cars, cook their own food, do their own shopping and live independently from each other. Many retirement communities offer services on the premises to encourage independence. Necessary services like transportation, a dining room, laundry and housekeeping services are available to those who may not drive or simply do not wish to cook for themselves. Security is another asset that most retirement communities offer. Patrolled grounds or locked doors limit accessibility and require outside outsiders to enter through a manned entrance.

On the other hand, some communities practice an everything-under-one-roof philosophy. Their goal is to be able to provide everything that is needed and necessary to everything else. These retirement communities emphasize choice. They offer banking on site, physical and podiatrist visits, educational and recreational activities. Communities with a holistic approach present services for the mind, body, and soul. They have educational programs, speakers, and workshops. They encourage exercise, good diet, and fitness prevention. They offer multiple levels of health-care services. Spiritual needs are addressed according to one's own beliefs, through ecumenical services and mass.

Retirement complexes offer a wide variety of social interaction and entertainment. They have planned trips to cultural events such as the art museum or fun outings to a gambling boat or to a Cardinals game. The company is great and transportation is free. You feel like going out? There is plenty happening on the grounds: crafts, billiards, card games, or committees to join. If you are a loner, enjoy a stroll on beautiful secure grounds or spent the afternoon in the library.

Health and independence are closely linked. Caring for one's own health needs is essential to maintaining independence. Retirement communities realize this association and plan programs and services to maintain residents' health. Dietitians plan well-balanced menus, exercise and dance classes are available and educational speakers present updates on wellness issues. Some have nurses' clinics, to supply information and answer health related questions, or

assist in monitoring hypertension or diabetes. Other communities associate with a home health agency to provide needed temporary in-home services.

A number of differing levels of health-care services exists. A skilled nursing unit is licensed to provide care skilled in nursing services. Advanced health-care services may be available, such as physical, occupational, and speech therapies. Equally important would come insurance regulation or any service requiring licensed health-care professionals. Skilled nursing facilities are beneficial in recovery situations such as a stroke or a CVA, commonly referred to as a stroke. In fact, much of the care that was provided in hospitals in the past is now provided in skilled nursing facilities.

The shift in care providers was initiated by Medicare limitations on both the allowable number of hospital days and the reimbursement for physician services. Some hospitals have responded by building or turning a part of the hospital into skilled nursing facilities in order to provide continued care. Even a skilled nursing facility Medicare reimbursement requires that the condition for which treatment is provided meets certain criteria and funding is limited to a maximum of 100 days. Nationally, Medicare pays less than 2 percent of all nursing home care.

Several communities have a skilled nursing facility attached to their independent apartments. However, a growing number of individuals are somewhere in between not requiring 24-hour nursing care, but needing a little assistance maintaining their independence. Surprisingly, an extra hand with a bath or a simple medication reminder enables many to maintain their independence in their own apartment.

There are many advantages to selecting a retirement community that offers the entire spectrum of services. Even if a particular service is not currently needed, it is reassuring to know that the services are available. Couples benefit by

offering assistance to the care giving spouse. Residents have the freedom to move back and forth from one level of service to another without moving away from friends or their spiritual ties. Retirement complexes encourage individuals to maintain the highest level of independence possible.

*Living in Your Golden Years* is a monthly column being sponsored by The Suburban Journal. The purpose is to provide information of interest to the senior population. Topics will cover the entire spectrum from health issues to travel tips. Comments or suggestions can be mailed to Vicki White C/O Suburban Journal, 219 N. Illinois, Belleville, IL 62220, or by phone at The Apartment Community of Our Lady of the Snows at 327-6700.

## Motorists have help

The task of finding a competent auto technician is becoming a bit easier, thanks to the National Institute for Auto Service Excellence, a non-profit group that tests and certifies the technical competence of individual automotive technicians.

With more than 350,000 current certified technicians on its rosters, ASE is the only automotive certification group that is both national in scope and industry-wide. ASE-certified technicians can be found at every type of repair facility, from dealerships to independent garages.

ASE spells good news for consumers.

Prior to taking ASE certification tests, many technicians attend training classes or study after work in order to brush up on their knowledge. By passing the required certification tests, ASE-certified technicians prove their technical competency to themselves, to their employers, and to their customers.

ASE certifies only the technical competence of individual technicians, not the shop, its business practices, or the ethics of management and employees. But it stands to reason that shop owners who

encourage their mechanics to become certified technicians will be concerned about the quality of service received. Likewise, because ASE's program is voluntary, technicians who have gone to the effort to earn ASE certification can be counted on to have a strong sense of pride in accomplishment.

More than 100,000 technicians take ASE certification tests each day and night, at more than 300 national locations. Technicians who pass at least one exam in their specialty and fulfill the two-year work experience requirement become ASE-certified; these who pass a battery of exams earn Master Technician status.

There are more than two dozen specialty exams covering all major vehicle areas. There are eight tests for automobile technicians alone: engine repair, engine performance, electrical/electronic systems, brakes, heating and air conditioning, suspension and steering, manual drive train and axles, and automatic transmissions. There are also exams for collision repair/refinish technicians, engine machinists, parts specialists and medium/heavy truck technicians.

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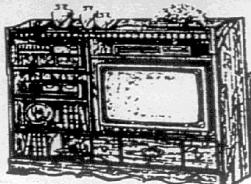
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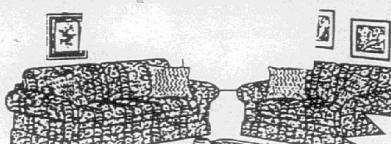
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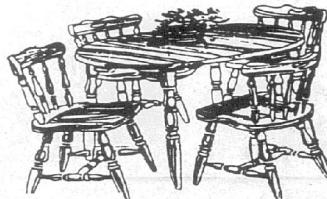
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King	set	Compare at \$869.95	is	<b>\$349.95</b>

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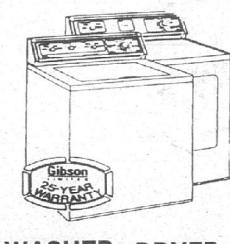
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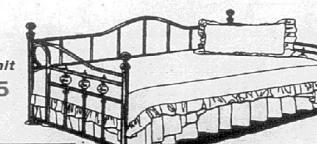
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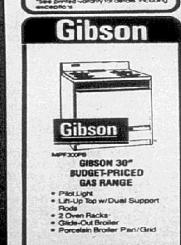
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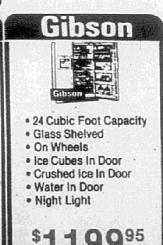
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# JOURNAL SPORTS

Granite City Journal

Wednesday, April 22, 1998

Section B

Walsh wins at  
Tri-City Speedway

Page 3B

Cathedral girls squad  
is Team of the Week

Page 2B

Art  
Voellinger

## Schools walk dangerous line by dealing with advertisers

Too bad the advertisement "...Plop, Plop, Fizz, Fizz — Oh, what a relief it is" isn't popular any more.

The relief would be an ideal link to thoughts I've had recently regarding schools and their budgets.

At Belleville West High School, for instance, boosters there have contributed more than \$25,000 to a Mennen's campaign that has helped, among other things, refurbish the lighter system at the football stadium.

However, I'm sure the person involved with everything would like to consider something faced this month by the Crete-Monee school district.

That's where officials of that school district, along with high school and five elementary schools must decide if they want to accept \$100,000 in an agreement with a soft-drink company.

In essence, the district must decide if Coca-Cola, Pepsi or Dr. Pepper/Seven-Up will have exclusive rights to the schools' cafeterias, hallways and student concession stands. The agreement also would allow the schools to get a percentage of sales.

With a high school enrollment of 1,288 and grade schools totaling nearly another 2,000, the Crete-Monee matter may not seem a major issue. However, if an agreement is reached, it will be the first of its kind in Illinois.

While advertising in schools is new (especially since the introduction of the Channel One TV Network in the late 1990s), exclusive contracts have become prominent more recently.

Last year in Colorado Springs, district officials signed an \$8 million deal with Coke, while in Gavipine, Texas, a \$3.4 million pact was signed with Dr. Pepper/Seven-Up for long-term exclusive rights.

According to a *Chicago Tribune* report, Larry Zabbbonski, a spokesperson for Pepsi-Cola Co., referred to the contracts with the schools as "a natural fit."

"It works on any number of levels," said Zabbbonski. "The school districts are on the lookout for new revenue sources. At the same time, we are looking for new ways to connect with young people."

Meanwhile, George King, a spokesman for the Illinois Education Association, warned:

"Advertising carries a tremendous weight with young people, and any advertising in classrooms, hallways or billboards only sends convoluted messages to the kids."

We are in favor of corporations helping further education, but not in ways that blatantly smack of hard-core advertising."

In Wisconsin, lawmakers are considering a bill to ban school districts from signing such contracts.

Still, I wonder how close we are to the Belleville West Dr. Peppers or Collingsville Cokes or East St. Louis Seven-Ups.

### Overtime

As predicted here, Centralia High boys basketball Coach Rick Moss has applied for the SIUC men's men's post, but he is not alone in seeking to replace Rich Herrin.

Among the others expressing interest is Robert McCullum, University of Illinois assistant who replaced Herrin at SIUC from 1987-89. McCullum also served as assistant at Kansas State and at the University of Florida.

By Patrick C. Heston  
Staff writer

The Granite City Warriors have proved they can throw good pitching at opponents this season. What they haven't proved is whether they can hit good pitching thrown by those same opponents.

On Saturday, the Warriors collected a total of seven hits in two games at Jerseyville, losing a twin bill to the host Panthers 3-2 and 2-1 despite a pair of solid pitching performances by Paul Kacerka and Steve Ward.

As good as the Warriors' pitching was, the Panthers' pitching was better.

### PREP BASEBALL

GRANITE CITY	1	2
JERSEYVILLE	3	3

Doug Steinkuhler tossed a nifty two-hitter in the opening game, striking out seven in a dominant performance. In the second game, Justin Baecht limited Granite City to only five hits as he nailed down the Panthers sweep.

But possibly more impressive than the arms of the Panthers hurlers were

Steinkuhler went 2-for-3 with a double and a home run in the first game, while Baecht was also 2-for-3 in the

second game. Both helped their own causes in tight contests.

The Warriors trailed Jerseyville 2-0 in the first game, but scratched across a run in the top of the sixth to put the pressure on the Panthers. But Jerseyville countered with a run in the bottom of the frame and Steinkuhler set down Granite City in the seventh.

Both teams had great games. Warriors scored once in the first and once more in the third before the Panthers roared back with two in the bottom of the third and a huge score in the bottom of the sixth. Baecht, who threw better as the game wore on, gave Granite City

no chance to rally in the seventh. Jeff Hayden was the most successful Warriors' hitter on the day, scratching out a single in three at-bats in the first game, and banging out two hits in four trips to the plate in the second game.

The Warriors, who are struggling to score as their current tailspin picks up momentum, face back-to-back on the diamond. After hosting the Alton Redbirds on Tuesday, Granite City plays CBC today (4:15 p.m. away), hosts Bethalto Civic Memorial at 7 p.m. Friday, and travels to Greenville on Saturday for a 10 a.m. doubleheader against the always tough Comets.

## Warriors swept by Panthers

By Patrick C. Heston  
Staff writer

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(Staff photo by JOHN FRESE)

Granite City's Erika Todd (white jersey) challenges Triad's Jennifer Harris (left) while Triad's Amie Rengel and Erin Fiudo look on. The Knights were one of four teams to fall victim to Granite City so far this year.

## Aaron's goal lifts Granite City to win

By Patrick C. Heston  
Staff writer

El Nino has played havoc with the Granite City High School girls soccer squad recently, raining out games against Edwardsville (April 18) and O'Fallon (April 19), and forcing the Lady Warriors into a busy five-day stretch which started this past Saturday.

GCHS traveled to O'Fallon Saturday for a make-up game against an extremely tough Lady Panthers team.

After a scoreless first half, in which

### GIRLS SOCCER

GRANITE CITY 1, O'FALLON 0
----------------------------

both defenses were dominant, Granite City scored just 10 minutes after intermission. Debra Aaron flicked in a point-blank shot during a scramble in front of the O'Fallon net following a Granite City corner kick. Lady Panthers' goalkeeper Elizabeth Hanby, who stopped 11 of 12 Lady Warriors shots for the game, could do nothing but watch Aaron's score.

The 1-0 lead stood up as GCHS goalie

Shannon Roth turned aside all nine O'Fallon shots.

"We played pretty well, especially defensively," said Lady Warriors' assistant coach Vicki Largess. "It was a good game for us considering we were pretty short-handed."

Kirksey was referring not only to normal soccer injuries that afflict most players, but to the absence of both Natalie Judge and Amanda Townzen.

Judge and Townzen are in neck braces as the result of an automobile accident last weekend. Both will remain

sidelined for a few more games and may possibly miss the Howell North St. Louis Tournament scheduled for April 27-May 2.

But it was a big win for the Lady Warriors against one of the top teams in the Metro East this season. The win was also the first in the season.

"A win was big because of the sectional seeding meetings which will be coming up," said Kirksey. "The sectional will be held in O'Fallon this year, and they figure to be one of the

(See SOCCER, Page 3B)

## Brown gets another shot at college sports

### Edwardsville grad inks letter with Dutchmen

By Scott Marion  
Staff writer

In the fall of 1995, Chico Brown was on top of the world.

After starring in football and basketball at Edwardsville High School, Brown had an outstanding freshman season as an offensive lineman for the University of Illinois football team. Blessed with size and speed, the 6-foot-8, 310-pound Brown seemed headed for a career in the NFL.

A year later, though, Brown's world was on a downward spiral. Poor academic performance at the Big Ten school forced him to Illinois College, where he lasted only a year. It wasn't long before the "can't miss" star athlete found himself without a job, a scholarship or a place to live.

### JUCO BASKETBALL

But Brown hopes those days are over. He's committed to turning his life around, and he took a huge step that direction last Thursday when he signed a letter of intent to play basketball next season at Belleville Area College.

"He can be a franchise player," said Steve Campo, "But to me, basketball is secondary to getting him his life back in its proper phase. I get something out of this because he's a great player, but I wouldn't have been coaching in junior college for over 20 years if I just wanted to win basketball games. I'd rather lose and have myself criticized if it makes him a better person."

At Edwardsville, Brown was best known as a football play-



(Staff photo by SCOTT MARION)

(See BROWN, Page 3B)

Belleville Area College assistant basketball coach Steve Campo (left) and BAC recruit Chico Brown pose after Brown signs a letter of intent last Thursday.

## SPORTS

## PREP BASEBALL STANDINGS

METRO EAST BASEBALL		
<b>Southwestern Conference</b>		
Team	Conf	Overall
Edwardsville	3-0	12-0
Bellefonte West	3-0	12-0
Collinsville	2-1	9-3
Bellefonte East	2-2	10-2
Alton	1-2	3-7
Granite City	0-3	1-7
East St. Louis	0-3	0-3
<b>Mississippi Valley</b>		
Team	Conf	Overall
Hanahan	1-0	5-3
Jonesville	1-0	7-2
Triad	1-0	9-1
Civic Memorial	1-1	5-4
Waterloo	0-1	3-6
Mascoutah	0-2	3-4
<b>Cahokia</b>		
Team	Conf	Overall
Lebanon	2-0	3-5
Carlyle	1-0	2-0
<b>Independents</b>		
		Overall
		5-2
		5-4
		5-2
		3-2
		3-5
		3-5
		0-3
		0-4
		0-5

## MASTERS BOWLING

Metro East Masters League Loesche Sr. 853.

First-round playoffs

April 18, 1998  
St. Clair Bowl  
Heritage Lincoln/Mercury 23,  
Miller Genuine Draft 9 (High  
series: Heritage — Jim Ludes  
690, Steve Siegel 655, James  
Tubb 644, Miller — John Baue  
710, Granite 682).Busch Mountain Men 19½, Kelso  
Auto Body 12½ (High series:  
Bushnell Total Wiesemann 746,  
Mark Bray 621; Kelso — Steve  
Birk 688, Ben Schwable 674, Mike  
Imes 663).Second round  
April 20, 9:15 p.m.  
Panorama Lanes  
South of the Border Taco Bell  
vs. Heritage Lincoln/Mercury.  
Affenberg Ford vs. Busch  
Mountain Men.

SPONSORED BY DOBBS Cardinals Team of the Week



## Tourney champs

The Cathedral grade school fifth-grade girls basketball team (from Bellefonte) won the St. Albert the Great Basketball Tournament championship. Members of the team are (from left to right): In front — Caroline Caporale; Next row — Katie Joy, Jessica Barbachem, Katie Walsh, Becca Ganey and Danielle Broadway; In back — Jill Friedich, Allison Wobbe, Tabitha Fisher, Nichole Platzkoester, Carol Baumman, coach Chuck Staff and Kelly Piquard.

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P235/75R15 WW 69  
P205/70R14 WW 59  
P215/70R14 WW 61  
P205/70R15 WW 63  
P215/70R15 WW 65  
P195/70R14 BLK 59

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P215/75R14 BLK 81  
P205/75R15 BLK 79  
P205/75R15 OWL 79  
P215/75R15 WW 81  
P235/70R15 WW 84  
P235/75R15 BLK 79  
P235/75R15 OWL 89  
P235/75R15 WW 89

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P195/65R15 79  
P205/65R15 83  
P215/65R15 86  
P225/65R15 88  
P235/65R15 95  
P245/65R15 98  
P255/65R16 102  
P265/65R16 107  
P275/65R16 112  
P285/65R16 117  
P295/65R16 122  
P305/65R16 127

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MICHELIN P215/65R15 XW4... RRBL... 590

**SPORTS**

# Once in a great while, it's wise to swing at ball one

Baseball is a game which requires quick thinking.

As evidence, I submit a high school game played in the Metro East last week.

A pitcher had dominated one particular batter, throwing strikes across the plate quicker than the batter could even think about swinging. And, yet, he swung anyway. Far too late. It was almost as if the batter was using the third of the ball hitting the catcher's mitt as his cue to swing the bat. Once, I could have sworn the ball was half way back to the pitcher before the batter swung.

## Brede reaches dream of playing at Busch

### But Wesclin graduate plays for first-year Diamondbacks

By Mark Hodapp  
Staff writer

Growing up, Brent Brede of Trenton never dreamed of playing in Busch Stadium with the St. Louis Cardinals.

"As I sat in the stands, I would have given anything to be a big league player," he said.

On April 14, Brede made his first appearance at Busch as a professional player for the Arizona Diamondbacks.

A first baseman and outfielder for the Diamondbacks, Brede has come to Cardinals right fielder Brian Jordan in his lone plate pinch-hitting appearance.

"I haven't set the world on fire lately," said Brede, 26, after a game in which (Jordan's catch) typifies what I've been going through lately."

Brede entered the contest in a 3-for-11 slump. Two of his three hits had gone for extra bases.

He snapped an 0-for-9 slump during the first week of the season with the first triple in Arizona's history, against San Francisco Giants closer Robby Nen.

He later broke an 0-for-10 skid with a solo home run off Los Angeles Dodgers pitcher Hideo Nomo. It was Brede's fourth major league home run, his first in the National League and his first since Sept. 23 in Comiskey Park, while playing



**Pat Heston**

Two trips to the plate. Two similar results.

Then came the third time. The charm?

It was a crucial moment.

Two outs. Nobody on. Last

inning. One run game. Batting team behind. One of those

moments where, when you see who's coming to the plate, you head for the car knowing the game is over.

Two quick pitches. Two quick strikes.

The difference this time was that instead of swinging late, the batter wasn't swinging at all. Which produced similar results, but without him looking quite as feet at the plate as if he had given up and just been holding against hope for a walk, knowing it was his only chance of reaching base.

Then it happened.

The pitcher unleashed one of

the wildest throws I have ever seen in high school play. From the moment the ball left his hand, it was obvious it would be nowhere near the plate, nowhere near the batter, nowhere near the backstop, nowhere near the ballpark.

Up and up it sailed. Up through the atmosphere, the stratosphere, the ionosphere. Into the clouds, the clouds. The ball actually sailed over the backstop and over the stands behind the backstop into the gravel parking lot.

In the process, the batter made a fatal mistake.

Once more, he did not swing

the bat. He was taking ball one.

That was his one big chance, his one and only chance. He blew it.

Swinging on a third strike that a catcher couldn't get a mitt on, even with the vertical leap of a Saturn rocket, meant an automatic trip to first base (if not further). That, and the fact that he was on base with the lead-off hitter in the box. That would have meant at least a chance at victory.

But, alas, the forelorn batsman didn't think quickly enough.

The next pitch came. It

popped into the catcher's mitt. The catcher darted to the mound. The winners celebrated. The batter swung. Strike three. Game over.

He might have been the hero. As it was, he was the goat.

But he'll swing next time if he gets same pitch in the same location under the same circumstances. By my calculations, such an event occurs once every 66 years.

By that time, whether he swings or not, he'll be an old goat.

## Walsh picks up victory

Special to the Journal

Ray Walsh evened the score in his head-to-head battle with John Seats, winning the NASCAR Winston Racing Series modified feature at Tri-City Speedway on Saturday.

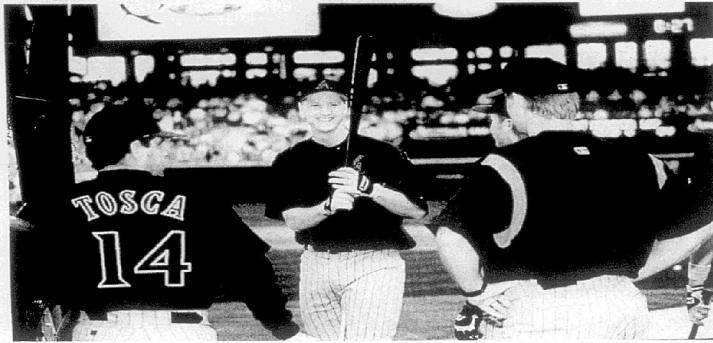
Walsh and Seats now have two victories each and are tied for the NASCAR Winston Racing Series points lead.

Bryan Collins (Jefferson City, Mo.) led the first lap with Mike Baggett on his heels. Second-seat winner John Seats and Walsh, the first-seat winner, both started in the third row and chased the two leaders until Collins broke on lap three.

Baggett led the pack on the restart but could not hold it for one lap before Seats took charge. Seats led the next eight laps, but Walsh, who repeatedly tried the low groove in turns one and three, finally found a new line and passed as the pair exited turn four.

Walsh, who had already stretched the lead to several lengths and breezed to a relatively easy win. Rounding out the top five were Seats (Brighton), Tom Seats (Brighton), Troy Walker (Troy, Mo.) and Jeff LeBaube (Hill Ridge, Mo.).

Terry McClinton (St. Charles, Mo.) won the Budweiser Pro Stock main over David Bardin (St. Louis) and Mike Foytak (St. Louis) by leading all but the first lap. Rounding out the top five were John Dickerman (Fenton, Mo.) and Pat Ryan (East Alton).



(Staff photo by MARK HODAPP)

Trenton resident Arizona Diamondbacks outfielder Brent Brede (with bat) laughs with teammates and coaches during batting practice at Busch Stadium on April 14 prior to the Diamondbacks' game with the St. Louis Cardinals.

Prior to being selected as the 13th choice by Arizona in the first round of the 1997 expansion draft, Brede played most of his high school professional career in the Twins' minor league system.

"Expansion absolutely helped me," he said. "I doubt I would have gotten this choice in Minnesota."

Arizona manager Buck Showalter said Brede's future with the Diamondbacks is bright.

"He's got a chance to be a real good player for us," Showalter said. In fact, Showalter called Brede is one of his most athletic players.

"I think he's going to be a very good player," he said.

Brede graduated in 1990 from Wesclin High School, where he lettered in baseball and basketball, earning all-con-

ference honors in basketball for four years in baseball, and twice in basketball.

During Brede's senior season, Wesclin's basketball team won the IHSA Class A state tournament. He scored 36 points in the title game.

Brede, who still makes his home in Trenton with his wife, Lisa, said he is getting used to the major league baseball player's life.

"It's as glamorous as everybody thinks," he said.

But Brede likes his job.

"And it's a good occupation to have," he said.

Red Schoendienst, who has been involved in professional baseball for the past 56 seasons, said he was looking for what he described as a kid like Brede. Schoendienst, was born in a small Illinois town, Germantown.

Schoendienst, who was inducted into the Baseball Hall of Fame in 1989, made the Cardinals after going to a try-out camp.

Brede, on the other hand, was signed by the Minnesota Twins at their fifth-round draft session in the June 1990 free agent draft.

Schoendienst said he believes Brede will do a "fine job" in the minors.

Brede said he hopes to have an extended career in the minors.

"But you never know," he said. "Obviously, I will have to hit the ball better than I have been."

"I'm pulling for him, even when he's playing against the Cardinals," he said.

Schoendienst said he believes Brede's stint in the minor leagues will help him.

"When you are down in the minor leagues, I think it helps you," he said. "When the opportunity comes here (the major leagues), it's a good feeling."

Brede said he hopes to have an extended career in the minors.

"But you never know," he said. "Obviously, I will have to hit the ball better than I have been."

## Brown

(Continued from Page 1B)

varsity nipped on Saturday. Alton is also top for the young Lady Warriors during the first day of play. The Redbirds won their first game but have been without last year's leading scorer Linda Kennedy, ended a four-game losing streak against Alton with a 4-0 romp against Bettendorf City Memorial.

The Lady Warriors are in a pool with East Alton-Wood River, O'Fallon and Alton. The other four-team pool includes Bettendorf, West Alton, Belleville Althoff, Civic Memorial and Alton Marquette.

Pool play is Monday, Wednesday and Friday on the north side of Gordon Moore Park. All games begin at 4:30 p.m.

The finals will be Saturday on Field Number 3, on the south side of Route 140. The fourth-place pool teams will play at 11 a.m., followed by the third-place teams at 1 p.m., the second-place teams at 3 p.m., and the championship game is scheduled for 5 p.m.

"When I got to U of I," he said, "I really only focused on football."

"In college football or basketball, you can't think, you just have to react, and

that's what I was good at. If I really like a system, I can learn it fast.

"I thought I had my head on right and I thought I was a man. All of a sudden, all of these people are praising you and you're on Sportscenter and stuff like that, and you're a contender for Big Ten Freshman of the Year. People are going to class and I thought 'Why not me?' I could be in the NFL making millions, but I learned from my mistakes, and I've made a lot of them."

While Brown wasn't playing football, partying took priority over studying.

"I was at U of I for a year, but I just stopped caring," he said. "The football coach wanted me to stay, but I transferred to Lincoln College and played basketball there. Academically, I did pretty well the first semester, but in the second semester I had to work a lot and take care of (personal) business. I just stopped going to classes."

"At that point, I thought it was more important to make

money. I can look back now and smach myself in the face, but you can't live with regrets. I went from the highest to the lowest point of my life in a year."

In early 1998, Brown had hit rock bottom. But a chance meeting at a friend's house with BAC freshman basketball player Clint Sitzes (a former Bettendorf East standout) brought Brown to Harrington's attention.

"I was down on my luck and homeless, and I saw Clint and he told me they needed a big man," Brown said. "(BAC's) coaches called me the next day and the rest of what happened is what you see before you."

"This is something I had to do. I had no choice. It's the best thing I could do to survive right now. Every time I failed when I was younger, my mom was always there to catch me. I'm older and I'm still not a man now, but I'm working on it. Now, how I've gotta take care of myself."

In terms of conditioning and being ready to play college basketball, Brown admits he has a long way to go.

"I've played with the (BAC) guys a couple nights ago, and once we get in tune, we can play a powerful, explosive game," said Brown, who hopes to weigh 270 to 280 pounds by next fall.

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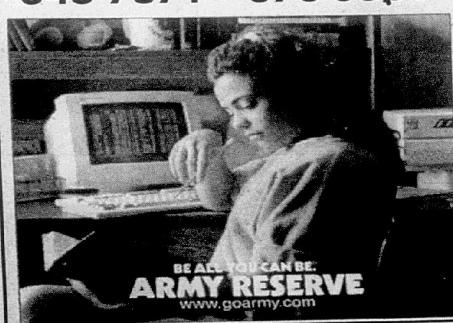
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## COMMUNITY CALENDAR

### Church

**FULL GOSPEL FELLOWSHIP**, 3950 Horseshoe Lake Road, in Pontiac Beach, holds a Gospel Bluegrass concert at 7 p.m. on Saturday, April 25, with Tennessee's award-winning group, "THE HOLY LANDS." Tickets are \$10. **KENNY INGRAM**, former member of Lester Flatt's Foggy Mountain Boys, information 451-1409.

**SUBURBAN BAPTIST CHURCH**, Maryville Road and St. Clair Avenue, will present a "SELF-DEFENSE CLASS" on "Surviving in a Dangerous World," from 9:30 to 11:30 a.m. Saturday, April 25. The instructor will be Officer Michael Johnson of Granite City Police Department. The class is open to men, women and teens, and is not a hand-on type training. Information 876-7404 (hours of 451-7960 Sparks). **ST. JOHN UNITED CHURCH OF CHRIST**, 9 a.m., Sunday School, 2901 North Main, Readiness and Leadership services, 9 a.m. and 10:30 a.m. Nursery available. Everyone is welcome.

**GENERATION JESUS YOUTH GROUP**, led by youth minister, 5 to 8 p.m. every Sunday at Nameoki United Methodist Church, 2000 Pontiac Road.

**CENTRAL CHRISTIAN CHURCH**, 2020 Johnson Road, holds Sunday School at 9:30 a.m. and morning worship at 10:45 a.m. every Sunday. Everyone is welcome.

**ST. PETER UNITED CHURCH OF CHRIST**, 2101 Cleveland Blvd., holds Sunday School at 9:30 a.m. It has preschool available. Morning worship services at 10:15 a.m. Nursery available. Everyone welcome.

**NIEDRIGHAUS UNITED METHODIST CHURCH** Sunday worship services are at 8:30 a.m. and 10:30 a.m., Sunday School at 9:30 a.m. and Prayer Meeting at 6:30 p.m. Wednesdays. Nursery Available. Everyone is welcome.

**JESUS EVERY THURSDAY (JETS)**, led by the music director, is for kids 3 to 11 years old. Meets from 6 to 8 p.m. Thursday. Miracles Bible study and fun at Niedrighaus United Methodist Church, 20th and Delmar. Mom's group and share groups meet at the same time as children. For more information, call 757-4555.

**FULL GOSPEL FELLOWSHIP**, 3950 Horseshoe Lake Road, has Sunday service and Children's Church at 10:30 a.m., Monday through Friday. Miracle Service at 7 p.m., Wednesday night service at 7 p.m., and Wednesday night youth service at 7 p.m. Full Gospel Fellowship invites all to attend and enjoy power-packed services.

**FIRST PRESBYTERIAN CHURCH OF GRANITE CITY** Lenten Bible study at 6:45 p.m. Wednesdays, March 4 through April 1 at 2160 Delmar Ave. For more information, call 452-1100.

**TEMPLE BAPTIST CHURCH** Adventure Club, ages 4 to 12, meets weekly for grades 4-6, meets 3:30 to 5 p.m. Tuesdays at the church, 1900 Harris St. For more information, call 452-0273.

**GOOD SHEPHERD UNITED METHODIST CHURCH**, 3020 National, holds Bible class for young adults at 9 a.m. Sundays; new Sunday school class for junior high at 9, Bible class for all ages a 9, and has a 10 a.m. worship service.

**DEWEY AVENUE UNITED METHODIST CHURCH** invites all to attend their services. Sunday School is at 9:30 a.m. Sundays and Bible study is at 1 p.m. Fridays.

### Community

**MADISON COMMUNITY ACTION GROUP**, meets at 7 p.m. the fifth Monday of the month. For more information call Dan at 452-2336 or Diane at 876-2273.

**MITCHELL FIRE PROTECTION DISTRICT**, 2 regular monthly board meetings at 6 p.m. the second Tuesday of each month, at 5123 Mitchell Way, 931-6521.

**MADISON LIBRARY BOARD OF TRUSTEES** holds monthly meetings at 6 p.m. the third Thursday of every month at the Madison City Hall, 615 Madison Ave.

### Dance

**MIWNEWESTERN UNITED STATES IMPERIAL DANCE CLUB (MUSIC)** regular monthly meeting is held every other Sunday at the American Legion in Granite City. Nonmembers welcome. New members from beginner to advanced are given from 5 to 8 p.m. at a cost of \$4 for nonmembers and \$2 for members. For more information, call 463-2405.

**BOOTS & SLIPS OF THE SQUARE DANCE CLUB**, square dancing sessions, 7 to 9 p.m. every Monday, St. Paul Lutheran Church, Fairview Heights. The cost is \$2.50 per person, per lesson. For more information, call 757-6528 or 344-4836.

### Food/Nutrition

**MEALS OF LOVE**, sponsored by Madison County Baptist Association, Free meals to anyone in need. Every Tuesday, 4:30 to 6 p.m. at Second Baptist Church, 21st and Second Street, Granite City. Everyone is welcome.

**POLISH PIEROGI SALE**, Sacred Heart Polish National Catholic Church, 930 Reynolds, Madison, 9 a.m. to noon, first Saturday of each month. Pierogies, sauerkraut, pierogi, kraut, potato, sausage and kraut, plum pudding and tacy. Carry-outs only \$6 per dozen. Cooked and served by volunteers. Order ahead by calling 876-5860, 876-3898, or 931-3367.

**RESCUE MISSION**, 1546 Fourth St., Madison, food pantry is open from 9 a.m. to 10:30 a.m. Alfred Turner is the chairman. Valonda Turner is the secretary and Alfred Turner is the pastor.

**ST. JOHN LUTHERAN CHURCH** MONTHLY LENTEN BIBLE STUDY at 6:45 p.m. Wednesdays, March 4 through April 1 at 2001 St. John, 931-3557. Michael Turner is the chairman. Turner is the chairman.

**GRANITE CITY FOUR-SQUARE CHURCH**, 12th and Edwardsville Road, hot meals served free of charge, the last Monday of each month, to those in need of those who just want someone to talk to. Open to the public. For more information call 451-9935.

### Health/Exercise

Bemis Chiropractic, 3361 Fehling

Road in Granite City, is offering FREE ELECTRONIC SCALE SCREENING. Call 876-2273 for more information.

**TOPS 2363**, 6:30 p.m. every Thursday at Anchorage Recreation Center, 2909 Edwards St. For more information call Bobbie at 452-2336 or Diane at 876-2273 for more information.

**FREE SENIOR CITIZEN EXERCISE CLASS**, 9 a.m., every Thursday, Anchorage Recreation Center, 2909

**TOPS 2048**, (Take Off Pounds Sensibly), 6:30 p.m. every Monday, Melvin Price Support Center in Granite City. Call 876-2124.

**TOPS IL 645**, 7 p.m. every Monday, Anchorage Recreation Center, 2909 Edwards St., Granite City, 452-6102. Men and women welcome.

**TOPS 1699**, (Take Off Pounds Sensibly) will meet at 6:45 p.m. every Tuesday at the Anchorage Center, 2909 Edwards St. call 979-2724 for more information. All men and women are welcome to attend.

**TOPS IL 2417**, 6 p.m. every Tuesday, Calvary Lighthouse Church of God, 1205 W. Penton. Weigh-in at 5:30 p.m. Anyone age 14 or above with a weight problem is welcome. For more information, call Ann at 452-6102.

**ST. LUCIA MEDICAL CENTER'S BEHAVIORAL HEALTH SYSTEM** is presenting a talk entitled, "HAVE PAIN, WILL TALK" on Saturday, April 25. Sister Linda Hylla, LCSW, of the Behavioral Health System, will talk about TRENDS, a program that helps patients with social and recreational activities that are drug, alcohol and violence-free. The talk will be held in the Women's Room at SMC. The talk is free and open to the public. For more information or to register, call 979-3888.

**GRANITE COUNTY URBAN LEAGUE** CARE SERVICES offers a following service: 10 a.m. to 5 p.m. Monday through Friday. Walk-in pregnancy testing and prescription refills, 10 a.m. to 3 p.m. Mondays; Family planning services, 10 a.m. to 5 p.m. Tuesdays; STD screening and treatment, 9 a.m. to 4:30 p.m. Wednesdays; and family planning services, 10 a.m. to 4:30 p.m. Call 452-6394 for appointments or more information.

**THE SARAH AND DORCAS CIRCLE OF CHRISTIAN WOMEN'S FELLOWSHIP** meet at 9:30 a.m. the third Thursday of each month. For more information and/or meeting location, call Helen Stumpf at 931-2098.

**LYDIA CIRCLE** of Nameoki United Methodist Church meets at 1 p.m. the third Thursday of each month.

### Organizations

**AMERICAN ASSOCIATION OF RETIRED PERSONS CHAPTER 1340**, meets at Granite City Township hall, second Saturday of each month. Doors open at 6 p.m. refreshments served at 6 p.m. All seniors 50 and over are welcome. For information call 877-3020.

**MEN'S FELLOWSHIP GROUP** of Central Christian Church meets at 8:30 a.m. the second Saturday of each month for breakfast and fellowship. For more information or location of meetings call 931-2098.

**GRANITE CITY BUSINESS AND PROFESSIONALS** WEDNESDAY NIGHT CAFETERIA, Dinner at 6:30 p.m., third Wednesday of each month, followed by a program at 7:15. Open to the public. For more information call 452-5391 or 451-6914.

**NOON NETWORKING FOR WOMEN**, third Wednesday of each month, noon to 1 p.m., Ramada Inn in Fair-

view Heights. Cost is \$10 (no annual dues). Please feel free to bring your business cards and brochures. Bring a friend a get \$4 off your next lunch at Noon Networking.

**SINGLES ALIVE**, a Christian singles group, will meet at 7:15 a.m. April 23 at the Amtrack Station in Alton for a train ride to Springfield. The tickets must be purchased in advance as soon as possible. The cost is \$14 roundtrip for ages 61 and younger and \$16 for ages 62 and older. The tour departs at 7:48 a.m. and arrives in Springfield at 9:10 a.m. The first train back leaves Springfield at 10:15 a.m. and arrives in Alton at 1:50 p.m.; the second train leaves at 6:50 and arrives at 8 p.m. in Alton. Call 876-2977 or Beverly at 544-5607 for more information. All singles are invited. All denominations and ages welcome.

**CHRISTIAN WOMEN'S FELLOWSHIP** meets at 8 p.m. the first Thursday of each month, except July, at the Nameoki Methodist Church, 1900

**MODERN WOODMEN OF AMERICA** Life Insurance Society meets the last Thursday of each month at 5 p.m. at Ravennelli's Restaurant.

**THE JOLLY QUILTERS**, 9 a.m. to 2 p.m. every Thursday at the Social Center, 900 Thorntown Drive in Mitchell.

**GRANITE CITY COMMUNITY BAND** rehearsals are 7:30 to 9 p.m. every Tuesday at St. John United Church of Christ, 2901 Nameoki Road, Granite City, 931-0443.

**GREATER BENEFICIAL UNION OF PITTSBURGH**, District 491, Granite City Council, meets at 8 p.m. first Monday of each month at the Granite City Baptist Church, 26th Street and Grand Avenue in Granite City. James P. Reagan, president, can be reached at 931-9201. Secretary can be reached at 931-9201.

**GRANITE CHAPTER 650 ORDER OF THE EASTERN STAR** meets the second Friday of each month, 7:30 p.m. at Charlie's Restaurant in Granite City. For more information call 931-2292 or 452-3286.

**BAND PARENTS ASSOCIATION OF GRANITE CITY HIGH SCHOOL**, 3101 Madison Ave., 452-5805, 7 p.m., second Friday of each month.

**BENEVOLENT AND PROTECTIVE ORDER OF ELKS**, Granite City Lodge 1063, Maryville Road, Granite City, 931-3557, 8 p.m., second Tuesday of each month.

**KNIGHTS OF COLUMBUS, 3RD DEGREE**, 4225 Old Alton Road, 7:30 p.m., the second Tuesday of each month.

**KNIGHTS OF COLUMBUS, 4TH DEGREE**, 4228 Old Alton Road, 7:30 p.m., third Tuesday of each month.

**CAMERA EXPLORERS CLUB**, Hartford Public Library, 143 W. Hawthorne St., 7 p.m., third Monday of each month, City of Beverly Zager, 254-8394.

**ELKETTES**, Granite City Lodge 1063, Maryville Road, 931-3557, 7 p.m., the first Tuesday of each month except

July and August. For more information phone 877-1936.

**CHURCH WOMEN UNITED** will meet at 10 a.m. the fourth Thursday of each month, except July, at the Nameoki Methodist Church, 1900

**MADISON COUNTY LEGAL SECRETARIES ASSOCIATION**, meets the first Tuesday of each month at 7 p.m. Open to everyone in legal field: attorneys, legal secretaries, support staff, court reporters and court personnel. For more information call 465-4400.

**MADISON COUNTY HOMEMAKERS EXTENSION ASSOCIATION**, 9 a.m., 1063 Maryville Road, first Tuesday of each month, Anchorage Recreational Center. For more information call 876-7026 or 931-3735.

**TRIO UNIT, MADISON COUNTY HOMEMAKERS EXTENSION ASSOCIATION**, 9 a.m., first Tuesday of each month, Hope Lutheran Church, 3715 Wabash Ave., Granite City.

**TOASTMASTERS INTERNATIONAL** meets the first, third and fifth Tuesday of the month from 7 to 9 p.m. at Shoney's, Highway 151 (#4 Community Center), 1063 Maryville Road. Come join us for better communication and leadership skills. For more information call 692-6026 or 448-2898.

**NATIONAL ASSOCIATION OF RETIRED EMPLOYEES (NARE)**, Chapter 1063, meets the second Friday of each month, except July and August, at 11:30 a.m. at Charlie's Restaurant in Granite City. For more information call 931-2292 or 452-3286.

**BAND PARENTS ASSOCIATION OF GRANITE CITY HIGH SCHOOL**, 3101 Madison Ave., 452-5805, 7 p.m., second Friday of each month.

**BENEVOLENT AND PROTECTIVE ORDER OF ELKS**, Granite City Lodge 1063, Maryville Road, Granite City, 931-3557, 8 p.m., second Tuesday of each month.

**ELKETTES**, Granite City Lodge 1063, Maryville Road, 931-3557, 7 p.m., the first Tuesday of each month except

(See CALENDAR, Page 5B)

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TELEPHONE \_\_\_\_\_

1 Q. At WrestleMania XIV who did Pete Rose say he left tickets for?  
A \_\_\_\_\_

2 Q. On RAW IS WAR from Albany, NY, Vince McMahon gave Stone Cold Steve Austin:

A \_\_\_\_\_

3 Q. The first RAW opponents for LOD 2000 were?

A \_\_\_\_\_

4 Q. Who was the lead singer of the band that performed “American the Beautiful” and “The National Anthem” at WrestleMania XIV?

A \_\_\_\_\_

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**NEWS****•Calendar**

(Continued from Page 4B)

931-3557, 8 p.m., fourth Tuesday of each month.

**JOB'S DAUGHTERS BETHEL #43** meets the fourth Tuesday of each month at 7 p.m. at the Masonic Temple, 20th Street and Cleveland Boulevard.**KNIGHTS OF COLUMBUS, 3RD DEGREE**, 4225 Old Alton Road, 7:30 p.m., fourth Tuesday of each month, 877-4250.**GRANITE CITY KIWANIS** meet at Shoney's at 7:30 a.m. every Tuesdays.The Troy/Maryville/Collinsville chapter of **BUSINESS NETWORK INT'L** meets at 7 p.m. every Thursday at Rainey's Restaurant in Troy. For more information, please call Lisa at 667-8340.**BURT - BUBBLEMASTERS UNDERWATER RESCUE TEAM** meets at 7 p.m. the third Wednesday of each month at 4264 Old Alton Road, Suite 100, Mitchell Fire Protection Department. Tours are available by appointment, 931-8317 or write to the above address.**MADISON COUNTY FAMILY ALLIANCE** will meet from 9 a.m.-10:30 a.m. at Madison County Medical Center in Granite City. For information, call 462-4883, extension 104.**NEW HOPE CHAPTER #43 ORDER OF THE EASTERN STAR** meets at 8 p.m. the first and third Fridays of each month at Masonic Temple, 1940 Cleveland Blvd. in Granite City.**TRIPLE LODGE 835 A.F. & A.M.** meets at 7 p.m. the first and third Wednesdays of each month at Masonic Temple, 1940 Cleveland Blvd. in Granite City.**SCHOOL OF METAPHYSICS**, 7:30 to 10:30 p.m., every Tuesday, 9459 Route 67, P.O. Box 100, Jerseyville. Classes in applied metaphysics. Call Melanie McManus at 429-0076.**Seniors**  
**PONTOON BEACH SENIOR CITIZENS**, BINGO, every Wednesday, 11:30 a.m., 3910 Highway 111, Pontoon Beach.**CHOUTEAU TOWNSHIP SENIOR CITIZENS**, meets the fourth Thursday of each month, 6 p.m., Pettick Social Center, 900 Thorngate Drive, Chouteau.**ATTENTION MEDICARE BENEFICIARIES** — Come and hear how Medicare can give you complete health care coverage. You are invited to have your questions answered on Tuesday and Thursday at 10 a.m. at the Pontoon Beach Senior Center, 3910 Highway 111, Pontoon Beach.**EAGLE PARK "ACRE" SENIORS** OF MADISON meet every Thursday from 10 a.m. to noon at 100 Hill St. (rear), Eagle Park Acres, Madison.**FREE SENIOR CITIZEN EXERCISE CLASS**, 9 a.m., every Thursday, Anchorage Recreation Center, 2009 Edwards.**FRIDAY AFTERNOON PINOCCHIO CLUB** for seniors 55 and over meets at 12:30 p.m. every Friday at the Harold Brown Building, Franklin Avenue and Pontoon Road. Call 877-0350 for more information.**MONDAY SENIOR CITIZENS** pot luck dinner the last Saturday of each month, 5 p.m., 3910 Highway 111, Pontoon Beach.**GRANITE CITY SENIOR SOCIAL CLUB** meets at the Nelson Hagnauer Township Hall. Doors open at 6 p.m. April 27 for the new dance. For information, call 871-2281.**PONTOON BEACH SENIOR CITIZENS**, meeting, third Tuesday of each month, 7 p.m., 3910 Highway 111, Pontoon Beach.**WORLD CAR NEW CLUTCH SETS \$79.75 & UP!****QH-STANDARD NEVER SLIP****MASTER-COOL ANTI-FREEZE & COOLANT \$3.97 Per Gallon****TRACTOR HYDRAULIC FLUID \$17.45****TRACTOR TRANSMISSION FLUID \$18.95****CHASSIS & WHEEL BEARING GREASE \$28.75****5 GALLON MEDIUM HYDRAULIC OIL \$17.90****5 GALLON MEDIUM HYDRAULIC OIL \$149.75****5 GALLON MEDIUM HYDRAULIC OIL \$174.75****5 GALLON MEDIUM HYDRAULIC OIL \$169.75****5 GALLON MEDIUM HYDRAULIC OIL \$179.75****5 GALLON PARTS CLEANING SOLVENT \$119.75****5 GALLON PARTS CLEANING SOLVENT \$11**

## FAMILY



Mr. Haefner took charge of the book sale. He is dressed as a Chinese brother.



Two students dressed in Blues shirts look over material on display.

## Retirement hasn't slowed 95-year-old Glen Carbon man

By Rebecca Hopkins  
For The Telegraph

Retirement has been good for 95-year-old Leo Blumberg. It certainly hasn't slowed him down.

A resident at Eden Village Retirement Center in Glen Carbon, Blumberg currently is working the soil for his tenth garden plot.

"I started planting on March 10," Blumberg said. "I planted five rows of onions, two rows each of beets and carrots, and a third of leaf lettuce that is really starting to look good."

When the ground gets a little warmer, Blumberg said he will add cucumbers, zucchini, six rows of sweet potatoes, and 40 tomato plants to his garden.

He spades his 60-by-35 foot plot by hand and does all his own planting, weeding and watering.

He used to have a rototiller, but too many people tried to play with it that didn't know how to use it," Blumberg said. "Eventually, it just wouldn't run anymore."

Blumberg also has a row of beans that expands every year. "I make my own jelly from them," he said. "A meal just isn't complete without bread and little jelly to go with it. Every time they eat I grow. I give away. I can't use everything, so I just put the harvests into a box and set it in the atrium so the folks can help themselves to as much as they want."

An Edwardsville native, Blumberg was born and raised on a farm that is the present site of the Assembly of God church on St. Louis Avenue.

He remained active in farming until he was 28 and then began working as a laborer for several employers.

"I did jobs for the Public Works Department, Armor Packing House, Kettle River Cresco Plant and even a little tar and gravel roofing in St. Louis," Blumberg said. "I was just trying to figure out which I could make the most money from."

"When I was 41, I began my own business as a contractor for decklayer. Working for myself was the best move I ever made because I like being my own boss. When I worked for other people, I couldn't be as aggressive as I wanted to be."

Besides, it's so full of twists that they won't leave your line alone anyway," he said.

Blumberg said he owes his longevity to staying busy, eating well and not drinking or smoking. "Drinking, he also said it was important to have a good social life."

Blumberg's wife, the former Minnie Gehring, died in October 1995. They had three children.

"My wife had a little cancer problem early on," he said. "We didn't know then if it was hereditary or not, so we just decided it would be best not to have children. It all worked out all right. We had a pretty good life together."

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Student Josh Carrico visits at the book sale table.

## Lake School open house celebrates books, learning

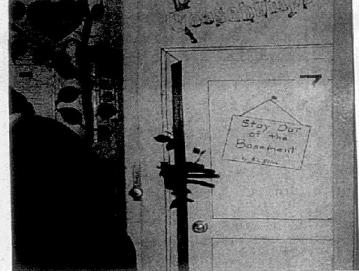
The theme for the 1997/1998 Lake School open house was "Open Your Door to a World of Books."

Approximately 400 parents and students attended open house at Lake School on Jan. 29. A door-decorating contest was held where each door in the building was decorated around a storybook theme.

Mrs. Becherer's classroom door took first place and Mrs. Hollis' classroom took second place. Their students were treated to a special luncheon in the cafeteria in the gymnasium, while large bags by the student were displayed, refreshments were served, and a used book sale was held.

Parents and students were able to register for attendance prizes, visit classrooms and vote for their favorite display. Parents had the opportunity to obtain information on the homework hotline and monthly activities in the building.

Principal Nancy Sanders would like to thank everyone who helped to prepare for this special event. A special thanks to parent and students for visiting the open house.



The first-place door decorations.

## Jonas Janek wins scholarship

Jonas Janek of Granite City, a student at Granite City High School, has won a certificate for being an Outstanding Math/Science/Computer Science Student in the Midwest this year's Tandy Technology Scholar Program. This annual program, funded by the Tandy Corporation, is open to all accredited high schools in the United States, and honors student and teacher accomplishments.

Only the academic top

two percent of graduating seniors

are eligible to receive certificates recognizing their academic achievement. There are no cash awards in this category.

Each school may also nominate a senior who is outstanding in mathematics, science or computer science. In addition to receiving a certificate, a Tandy Technology Scholar in this category is eligible to compete for the one hundred \$1,000 scholarships awarded annually.

Each school may also nominate an outstanding teacher in mathematics, science or computer science. These teachers receive a certificate of recognition and are eligible to compete for the one hundred \$2,500 cash awards presented annually.

## Herman honored by Tandy

Joseph S. Herman of Granite City, a student at Granite City High School, has won a certificate for being an Outstanding Math/Science/Computer Science Student in the Midwest this year's Tandy Technology Scholar Program. This annual program, funded by the Tandy Corporation, is open to all accredited high schools in the United States, and honors student and teacher accomplishments.

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Each school may also nominate an outstanding teacher in mathematics, science or computer science. These teachers receive a certificate of recognition and are eligible to compete for the one hundred \$2,500 cash awards presented annually.

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## ENTERTAINMENT

## HOROSCOPE

**Wednesday, April 22**  
The moon-phobic, mind-minded Pisces moon yearns to connect with all the molecules of the universe. But today, an adverse aspect with Pluto will make no room to move in issues of power. It's important to balance the desire to dominate with constructive, forward motion. Don't block progress for yourself; others tend to do a pain. Be a conduit for change.

**TODAY'S BIRTHDAY** (April 22). Recommendations, requests and favors are lucky now through July. You salvage a lot of relationship value terms. Indulge in new love



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with a Virgo or Taurian New jobs are offered in August. Relocating or traveling brings added prestige. Money comes from relatives and partners in

September. Marry in December. Return to school, or take an interesting class in winter.

**ARIES** (March 21-April 19). Travel plans dealing with foreign countries are lucky. Clear up communication problems now before things get totally out of hand. Your boss is paying special attention to you. Keep your promises, even if they are costly.

**TAURUS** (April 20-May 20). Go with your instincts at work, but be more restrained with love. Money comes through real estate. Be cautious about whom you decide to trust. Your romantic efforts are more successful than ever.

**GEMINI** (May 21-June 21). Increased accessibility improves your social life. Job opportunities open up. Proceed immediately and stop waiting for others to join you. When lovers are a challenge to your ego, you rise above the occasion.

**CANCER** (June 22-July 22). Attempts to connect on more intimate levels are most successful when they are direct. Your ideas are accepted and admired. Libra or Scorpio presents opportunities for a stellar partnership.

**LEO** (July 23-Aug. 22). Don't underrate yourself. Bargaining brings enormous rewards. You

can make positive changes in your life and those of others. Trust your impulses, and be proud of your abilities.

**VIRGO** (Aug. 23-Sept. 22). Where there was emotion, there is now action. Take an inspiring step in business to avert a crisis. You are beginning to accept and believe something that was unfathomable just last week.

**LIBRA** (Sept. 23-Oct. 22). If the situation is confusing, concentrate on figuring out the hour-to-hour mysteries. Money flows in from artistic endeavors. Hold off on romantic decisions for a few days.

**SCORPIO** (Oct. 23-Nov. 21). A witty friend gives you material. Seize an opportunity, or the door will close. The changing times are reflected in a social situation. Get to the heart of a financial worry; this is not really about money at all!

**SAGITTARIUS** (Nov. 22-Dec. 21). Improved attitudes make

you very attractive to prospective employers. Take action, or your competition will. You once felt desire, and now you feel affection.

**CAPRICORN** (Dec. 22-Jan. 19). Love is on your mind, though you try to carry on with practical interests. Touching comments get your mind racing. Contemplating your existence is motivating. Hobbiest can lead to never careers.

**AQUARIUS** (Jan. 20-Feb. 18). Listen to suggestions from those in charge, but act only on your own ideals. Love is met in a crowd. Family members let off the pressure, allowing you to make your own decisions.

**PISCES** (Feb. 19-March 20). Letting some of the busy work slide is all right for now. You get a small bonus for thinking quickly on your feet. A wishy-washy romance just needs a little more time.

## Power of 'Men With Guns' lasts and lasts

By Brian Kaller  
Staff writer

"Men With Guns" is a haunting film. The quiet power of its images and dialogue linger in your thoughts long after you've left the theater.

Do not be misled by the title; "Men With Guns" is not an action film. It is a fascinating journey into a very real world rarely seen in American cinema comparable to "Skins Under the List" and "The Killing Fields" in its chilling depiction of the victims of ongoing war in Latin America.

It is the latest film by John Sayles, one of the most consistently interesting filmmakers in America. His films have ranged from the historical drama "Eight Men Out" to the science-fiction comedy "The Brother From Another Planet," to the quiet drama "Passion Fish."

One of his first films, "The Return of the Secaucus Seven" remains unknown, despite being basically remade a few

years later as "The Big Chill." His 1987 film "Matewan" is another underappreciated look at a little-known chapter of history, the West Virginia coal wars. In 1994 he made his first children's film, the lovely "The Secret of Roan Inish," and in 1996 he was nominated for a writing Oscar for his Western mystery, "Lone Star."

"Men With Guns," Sayles' first Spanish-language movie, begins innocently in an American city. An educated and idealistic man, the doctor years earlier had trained several students to practice medicine in the poor backwaters of his country. As he nears retire-

ment, the doctor decides to visit his old patients.

He travels through the country, sees villages burned to ashes, finds communities whose residents run and hide at his approach, and meets wanderers who describe atrocities committed by men with guns.

The film builds subtly, taking unexpected turns, revealing slowly more of this world that may come to realize the atrocities committed in constant war.

Sayles never specifies what country the film takes place in, or whether these marauders were ostensibly supposed

## MOVIE SCHEDULES

Film timetable for Wednesday, April 22. For times on other days or to confirm these times, check local theaters.

**CARMIGE PETITE**  
344-1700  
Carmigae, Ill., 157, Collinsville, Ill.

**ROXANA CINE THEATER**  
Grease (PG) 7:00  
Species II (R) 7:15, 9:15  
Odd Couple 2 (PG-13) 7:20, 9:30  
Lost in Space (PG-13) 7:00, 9:30

**EASTGATE CINE**  
Eastgate Plaza, E. Alton, Ill. 254-5269  
City Of Angels (PG-13) 7:00, 9:30  
Object Of My Affection (R) 4:30,  
7:20  
Lost in Space (PG-13) 7:10, 9:00  
Species II (R) 5:00, 7:30  
Major League 3 (PG-13) 4:20, 6:45

**COTTONWOOD EDWARDS- VILLE CINEMA**  
Edwardsville, Ill., 656-6390  
The Newton Boys (PG-13) 9:30  
Mercury Rising (R) 7:15, 9:45  
Species II (R) 7:30

**HALLS FERRY 3 CINE**  
2607 Fairview, 822-4600  
Players Club (R) 1:10, 5:30, 8:10  
Players Club (R) 2:20, 4:30, 7:10,  
9:10  
Journey's Great Adventure (G) 1:55,  
4:00  
Primary Colors (R) 8:00  
The Odd Object (R) 5:30  
Object Of My Affection (R) 1:05,  
4:05, 4:25, 7:25, 9:40  
Species II (R) 1:00, 5:20, 7:40, 9:35  
Mercury Rising (R) 1:20, 5:30, 7:35  
Major League 3 (PG-13) 1:35, 8:00,  
7:25, 9:25  
Hide (R) 1:15, 5:15, 8:30  
Odd Couple 2 (PG-13) 1:00, 5:05, 8:45  
Odd Couple 2 (PG-13) 1:25, 4:50,  
7:05, 9:05  
Grease (PG) 1:45, 7:05  
Grease (PG) 4:10, 9:10  
City Of Angels (PG-13) 1:40, 4:40,  
7:30, 9:30  
Lost In Space (PG-13) 1:30, 4:25,  
7:50  
Paulie (PG) 1:50, 4:50, 7:00, 9:00

**LINCOLN THEATER**  
100 W. Lincoln, Calumet, Ill., 223-0123  
Krippendorff's Tribe (PG-13) 7:15,  
9:20  
Confidential (R) 7:30  
Replacement Killers (R) 7:05, 9:00

**NAMEOKI CINEMA**  
90 Nameoki Village, 877-6630  
Mercury Rising (R) 7:15  
The Newton Boys (PG-13) 6:45

**O'FALION 15 CINE**  
1320 Central Park Dr., O'Fallon, Ill.,  
822-4600  
Titanic (PG-13) 4:10, 8:15  
Titanic (PG-13) 1:00, 4:55, 9:00  
Paulie (PG) 2:00, 4:00, 7:05, 9:15  
Journey's Great Adventure (G) 1:45,  
3:30, 5:15  
The Big Lebowski (R) 7:20, 9:55  
Man In The Iron Mask (PG-13)  
1:00, 4:00, 7:00, 10:00  
Lost In Space (PG-13) 2:45, 5:30, 8:15  
Lost In Space (PG-13) 1:15, 4:15, 7:10,  
9:05  
Object Of My Affection (R) 2:35, 5:05,  
7:30, 9:50  
City Of Angels (PG-13) 2:30, 4:55, 7:25,  
9:15  
City Of Angels (PG-13) 1:00, 3:20, 5:40,  
8:15  
Primary Colors (R) 1:05, 4:10, 7:05,  
10:00  
As Good As It Gets (PG-13) 1:10, 5:00,  
7:00  
Odd Couple 2 (PG-13) 2:15, 4:30, 7:00,  
9:20

**QUAD CINEMA**  
Belleville, Ill., 233-1220  
City Of Angels (PG-13) 4:15, 7:00

9:30 Lost in Space (PG) 4:30, 6:15  
Object Of My Affection (R) 4:45, 8:40  
7:15, 9:00

50 Ludwig Drive, 398-8383  
Special (R) 1:15, 4:15, 7:00, 9:00  
Major League 3 (PG-13) 1:05, 5:00,  
7:30, 9:45  
Mercury Rising (R) 1:00, 4:00, 7:15,  
9:20  
Wild Things (R) 1:15, 4:20, 7:05,  
9:20  
Hide (R) 1:00, 4:45, 7:10, 9:15  
Grease (PG) 1:40, 4:15, 7:05, 9:00  
The Wedding Singer (PG-13) 1:15,  
4:20, 7:00, 9:15

Players Club (R) 1:30, 4:30, 7:15,  
9:25  
The Apartment (R) 1:20, 5:30, 8:30  
My Man (PG) 1:45, 5:15, 7:35  
The Newton Boys (PG-13) 9:40

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Primary Colors (R) 1:05, 4:15, 7:15, 9:15  
The Odd Object (R) 1:00, 4:15, 7:15, 9:15  
Object Of My Affection (R) 1:05, 4:15, 7:15, 9:15  
Species II (R) 1:00, 5:20, 7:40, 9:35  
Mercury Rising (R) 1:20, 5:30, 7:35  
Major League 3 (PG-13) 1:35, 8:00, 7:25, 9:25  
Hide (R) 1:15, 5:15, 8:30  
Odd Couple 2 (PG-13) 1:25, 4:50, 7:05, 9:05  
Grease (PG) 1:45, 7:05  
Grease (PG) 4:10, 9:10  
City Of Angels (PG-13) 1:40, 4:40, 7:30, 9:30  
Lost In Space (PG-13) 1:30, 4:25, 7:00, 9:00  
Paulie (PG) 1:50, 4:50, 7:00, 9:00

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## HOME AND GARDEN

**Careful selection of roofing contractor will pay off**

Homeowners who wait to see water stains on their ceilings before calling a roofing contractor have already waited too long. By the time visible damage is done to the interior, structural damage already has occurred. Delay turns a simple re-roofing job into a major structural repair project.

"Considering that a roof protects home, belongings and family, it's essential to detect and attend to problems promptly," says Chuck Berk, vice president and general manager of Sears Home

Improvement Professional Services, which replaces more roofs than any other roofing contractor in the country. "The good news is that a quality roof, properly installed, lasts for many years. It's important to know when a new roof is needed, select the proper roof, and choose a roofing contractor you can trust to protect your biggest investment — your home."

**When is it time to replace your roof?**

"If your roof is more than 10 years old, it may start showing

signs of wear," Berk explains. Loose or missing shingle, damaged flashing, warped or cracked, curled, curled or rotted shingles are warning signs. It's time to call in a roofing professional. "Ideally, look for one who offers a free inspection and a written estimate for the replacement work," Berk says.

Popular roofing materials come in varied colors and textures. About 80 percent of American homes have organic (asphalt) or fiberglass roofs, chosen for their mix of perfor-

mance, low maintenance, versatility and price. Today's asphalt shingles come in light colors that reflect them. Because a quality roof lasts for many years, people often select a neutral tone that coordinates with the house. A light-colored roof creates a spacious look, especially when paired with a light colored house. A darker roof gives a cozy look, particularly if the home's age is also dark. For a dramatic contrast, some homeowners choose a roof very different in color from

the house. Some people prefer dark colors that absorb the sun's rays and provide light colors that reflect them. Because a quality roof lasts for many years, people often select a neutral tone that coordinates with the house. A light-colored roof creates a spacious look, especially when paired with a light colored house. A darker roof gives a cozy look, particularly if the home's age is also dark. For a dramatic contrast, some homeowners choose a roof very different in color from

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**Does your contractor have good references and a good record?**

Berk advises consumers to ask how long the contractor has been in business, (an indication of the company's stability), and ask for customer and business references. "Time invested in calling references is worthwhile," Berk says. "Ask if past customers would recommend the contractor to their family and friends."

Is the contractor licensed and insured?

Roofing is not work for amateurs, so don't take chances," Berk advises. "Ask to see the contractor's license and his certificates for property damage, liability and worker's compensation insurance; and call the insurance company to be sure the policies are current."

**Is your satisfaction guaranteed?**

Have the contractor explain what the manufacturer's warranty covers and for how long. Then, ask if the contractor stands behind it.

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the contract.

**Does your contractor have good references and a good record?**

Berk advises consumers to ask how long the contractor has been in business, (an indication of the company's stability), and ask for customer and business references. "Time invested in calling references is worthwhile," Berk says. "Ask if past customers would recommend the contractor to their family and friends."

Is the contractor licensed and insured?

Roofing is not work for amateurs, so don't take chances," Berk advises. "Ask to see the contractor's license and his certificates for property damage, liability and worker's compensation insurance; and call the insurance company to be sure the policies are current."

**Is your satisfaction guaranteed?**

Have the contractor explain what the manufacturer's warranty covers and for how long. Then, ask if the contractor stands behind it.

**Wake up rooms with simplicity**

Homeowners (and real estate agents alike) love to point out when a house has "character."

It's a word used by those who need a place to live for all the chips, scuff, dents, dings and faded appearances that create that worn, lived-in look.

But many of us would gladly undertake a little "character assessment" to improve the look of our homes.

"It's easy to wake up a tired house with paint by simply adding a little sheen and color to high-traffic areas," says Linda Fink, manager for Dutch Boy Paint.

A small face lift, rather than extensive surgery, is what many people elect to do for areas that are subjected to more wear and tear. And they're finding that minor touch-ups help create a new look as well as add value to a home.

For those surfaces under siege, consumers are hungry for quick and easy decorating ideas, and that's where trim paints come in," says Feldman.

**Active Areas Need Protection**

Trim paints are popular because they not only add a shiny clean gloss to a door, window or cabinet, but they're also designed to protect these surfaces from damage and fading.

Trims are characterized by their high-gloss or gloss sheen. The higher the sheen level, the shinier the tougher the film.

According to Feldman, trim paints are best for:

- Areas that are likely to get scratched or scuffed.

- Surfaces that require much washing and stain removal.

- Surfaces that tend to attract dirt, greases and mildew.

- Areas that are likely to experience fading.

- Window trims, which are subjected to rain and standing water.

Feldman is quick to add that interior trim paints aren't just for windows and doors anymore. These paints are taking on a whole new look as they're now a part of many decorative themes and techniques.

"Consumers used to see high sheen trim paints on ceilings and windows. And they've become a desirable choice for hallways, playrooms and kitchens. It makes sense to use them wherever there's a lot of action going on," says Feldman.

And outside the home, the popularity of exterior door and trim finishes has increased at all times past few years: the painting of doors and trim remains the number one do-it-yourself exterior project for consumers.

In fact, more than one-third of all exterior paint sold today is used specifically for doors and trim. The main reason is that regardless of the substrate of the home (vinyl, brick, aluminum), there's usually a door or window that requires paint.

When selecting trim paints, consider the following:

- For exterior paints, look for products that resist peeling, cracking, blistering and fading, and have a mildew-resistant coating.

- For interior trim paints, pick one that stands up to constant scrubbing and washing without coming off.

## NEWS

## Poison ivy grows almost anywhere; spray can kill it

It used to be that poison ivy was a camper's nightmare. This poisonous perennial, most commonly found in the woods, is now turning up in the back yards of homes across the country. "Poison ivy grows as a low shrub or a high-climbing vine and contains a sticky oil which can penetrate the skin in minutes and create an allergic reaction. Every part of the plant from the leaves, stems and roots, to the flowers and berries is toxic."

"Perennial wild weeds such as blackberry and poison oak in the Northwest and poison ivy common in the Northeast and South, are some of the hardest weeds to control," says John Lucas, senior entomologist at Agri-Enviro Environmental Health. "When you come to removing thorny brush and weeds that can cause allergic reactions, you want to have as little contact as possible," he says.

Lucas says most people are so intent on getting rid of poison ivy or oak that they may actually put themselves at a greater risk for exposure. He advises against mowing, which will scatter the weed to the lawn, or burning, which releases toxic fumes into the air.

"Hand-pulling provides an even greater opportunity for exposure to the toxin, especially since the root system is so extensive," he said.

Lucas recommends using a

product labeled to kill brush, and offers these simple tips to control poison ivy:

- Check to make sure the weeds are actively growing. This is usually early summer but will vary according to weather conditions.

- Protect yourself from possible skin irritation by wearing gloves, a long-sleeved shirt and pants.

- For total kill of the weed roots and all—use a non-selective brush killer. Remember to read and follow all label instructions.

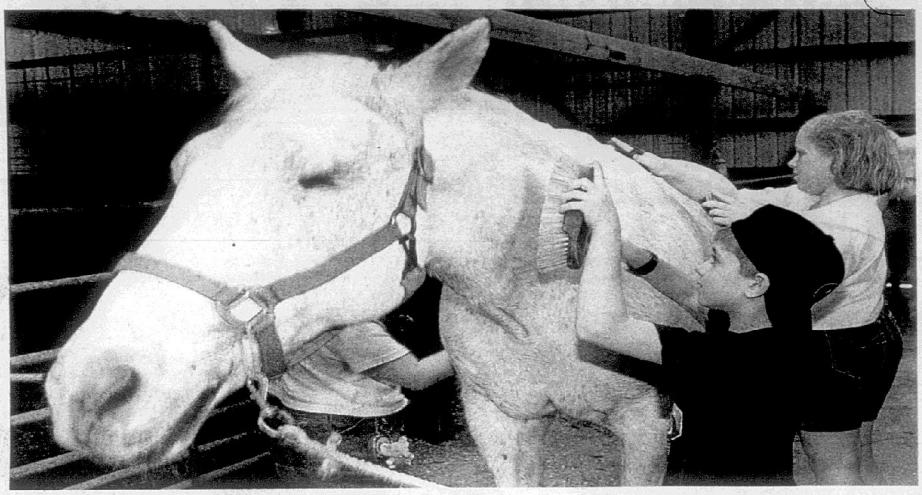
- Protect nearby vegetation from being sprayed, contain any dirt with a cardboard shield. If accidentally sprayed on desired plants, wash immediately with water.

- For ivy growing in a flower bed or shrubbery, brush killer should be applied using a paint brush. When finished, wrap the paintbrush in newspaper and dispose.

- Do not spray if threat of rain is imminent.

- Be careful not to remove the dying weed too soon, as the vine may still contain some poison.

- Thoroughly wash all clothes.



(BAC photo by Linda Gass Burgess)

**Gentle grooming** — Willie, a 21-year-old quarter horse, relaxes as Jordan Curran of Waterloo and Stephanie Messina of Troy try their hands at good grooming techniques. The children learned their methods in Saddle U and Ride!, a Saturday Experience class offered by Belleville Area College's Red Bud campus.

## Select contractor with care

Much of the natural anxiety homeowners feel in embarking on a home remodeling or repair project can be relieved if they take the time to front to select the right contractor.

"Homeowners should give this decision at least as much care as they give to choosing products and services," Chuck Berk, vice president and general manager of Sears Home Improvement Professional Services.

"Consumers depend on the contractor's expertise to guide them through all the technical issues, and count on his integrity in working within their budgets," Berk explains. "Consumers need to remember that the cost of a crew can be built into their home and around their family for the life of the project, so they should check out his company with care."

Berk's recommendations:

### Check For Complaints

Check whether any complaints have been registered against the contractor you are considering.

Call the local Better Business Bureau to learn if any customers have written letters or filed complaints with the BBB. Your state's Attorney General's Office can tell you if there are any unresolved complaints filed against a contractor, and your local police department can steer you clear of "scam artist" contractors facing criminal charges. If the contractor you are considering has an unresolved complaint in his file, find someone else.

### Check For Rapport

When you meet with the contractor's salesperson, ask yourself if you are comfortable with this person. Do you trust the company he represents? Do you believe he knows what he's talking about? Based on those answers, do you believe his company will send you installers who also will be knowledgeable and pleasant? Will you be comfortable having this contractor in your home and around your family for the life of this project?

### Check Out The Company

Will the contractor give you a complete, written description of any warranties covering the installation portion of your project? Has the company been in business long enough to assure you it will be around to honor those warranties? Can you obtain business references, and when you check them, does the contractor have a long-standing history of honoring his obligations?

### Check Out The Products

Are the products the contractor wants to install in your home covered by warranties? Are they quality products, and are they what you want?

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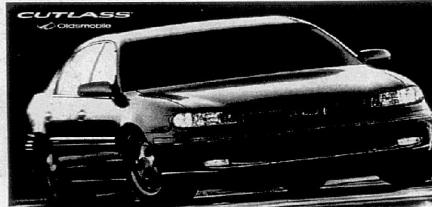
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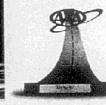
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# Today's Food

Wednesday, April 22, 1998

## Food & Nutrition

### Wise Ways

Lean toward more soy foods to upgrade everyday eating.

INSIDE

### Heart-y Bites

Burgers get modern express flavors from turkey, vegetables and Oriental seasonings.

INSIDE

### Blue Ribbon Cook

Layer chicken, cheese and stuffing mix, then bake for a winning casserole with a crunchy topping.

INSIDE

### Private Label Test Run

Dierbergs self-rising pizza baked on an oven rack comes up for a command performance for testers.

INSIDE

### Micro Raves

Fresh asparagus is as much a part of spring as tulips and lilacs.

INSIDE

### Lively Taste

Vegetables are vegetables, you say? Oh, ye of little faith. Give them sparkle by adding a spoonful of salsa, a sprinkle of tarragon- or other herb-flavored vinegar, chopped green onion, lemon juice, chopped tomato, a bit of grated parmesan cheese or a generous pinch of an herb, such as thyme, tarragon, rosemary or fresh cilantro, dill or parsley.

## Health & Fitness

### Medicine Chest

Testing kits to use at home continue to expand into more areas of health to alert people with warning signs between doctor visits.

INSIDE

### Fresh Picks

Children can help make salad. After greens are washed and spun or blotted dry with a towel, kids can tear them into bite-size pieces. Refrigerate any extra washed lettuce in a plastic bag or covered container with a paper towel to absorb excess moisture. The darker the greens, the more nutritious they are. Maximize vegetables' flavor by not overloading them with dressing. To make vinaigrette with less fat, use vinegar over oil 2-to-1. Add a touch of brown sugar to cut the bite. If regular vinegar is too bold, try balsamic or a flavored vinegar. Top with grated carrot, chopped dried fruit or a colorful assortment of chopped peppers.

### Big Fat Tip

For slaw with obvious tang and no fat, steam bagged, shredded cabbage with a warm citrus sauce. To make the sauce, bring 1 cup orange juice to a boil. Add package of shredded cabbage and carrot (5 cups) and 1 jar (2 ounces) diced pimento, drained. Return to a boil. Add a mixture of 1 tablespoon brown sugar, 1 tablespoon vinegar and 1 tablespoon cornstarch to cabbage. Cook and stir until it becomes thickened and bubbly. Cook and stir 2 minutes longer. Makes 4 side-dish servings, 78 calories and 3 grams dietary fiber each.

### Future Shop

Tradition has a place in every food, but if the passing of the ham-for-Easter season brought you glad tidings, there might be a new style better suited to your tastes. Products touted internationally include specialty hams with a crust, caraway-flavored and nut-roasted. They come seasoned with paprika, fresh garden herbs or coated in cheese, too.



By Janice Denham  
Staff Writer

Just as Fourth of July reminds people to love their country, today's celebration of Earth Day spotlights another year of caring for the earth and fellow creatures.

Some people observe the day by planting a tree; others join a friend for a bean feast.

Eating lower on the food chain isn't so spartan as it sounds. Moving meat out of the spotlight or off the stage of the plate and mounting a presentation with legumes, grains, fruits and vegetables opens a treasure chest of pleasant colors, flavors and textures. They are easy to appreciate as encore performers.

Beans, like lentils and peas, are technically legumes because they grow in a pod. They are among the world's oldest foods. Because they preserve well when dried, they are authenticated at archaeological



sites, rather than relying on texts and pictures.

Beans are a part of the world's culture. Soybeans grow wild in China. The Greeks, who had a "god of beans," held a "bean feast" in honor of Apollo.

The wholesomeness of dried beans and peas for the masses has been known for centuries. Before Pliny died in the eruption of Mt. Vesuvius in 79 A.D., he recommended the chick-peas sold hot on the street as a nourishing, cheap meal for people of less means.

Brooke Dojny, author of "Full of Beans" (HarperPerennial, \$12.50), told workshop participants at the Pillsbury Bake-Off earlier this year

SEE B-EARTH DAY, INSIDE TODAY'S FOOD PAGE 2



Clean plastic bags and bottles, such as those from mustard and ketchup and syrup, become handy equipment for children's projects and foods.

Jelly can be kept in a bottle for squeezing into waves and squiggles on a plate before pancakes are laid on top. It also replaces syrup on top of pancakes. Frosting bought in a tub can be thinned and kept in one for a quick and sweet topper.

Sometimes the mixture may need thinning or warming a few seconds in a microwave oven to have a consistency that will come out of the holes. Bottles with a single hole are easiest to use. An adult cooking pancakes can squeeze batter

into a hot skillet

in the shape of an initial, number or design to invite young eaters to Sunday breakfast. Mashed white or sweet potatoes mixed with an egg can be squeezed out to form a pancake.

While a pastry bag with a variety of tips for different shapes may be the utensil of choice for working with thick consistencies, like pancake batter or the filling for deviled eggs, a reclosable plastic bag with the corner cut from it is an inexpensive replacement. Squeeze ingredients toward the hole, while rolling the empty side of the bag as it empties.

Kid's Cuisine

# Today's Food

## Private Label Test Run

### Pizzas save rising while they bake for thick crust

Dierbergs pizzas rose for the lunch crowd as tasters munched on two rising dough varieties which cost as much \$1 less than national self-rising brands.

They were baked directly on the oven rack, according to package directions.

It was surprising they held together so well. The filling went right to the edge of the crust and the crust didn't break or crack anywhere between the freezer and serving. They were easy to work with and the ingredients didn't have to be replaced because of shifting the person who baked them.

Two varieties were selected for the test. Three-meat supreme was one of five traditional varieties, the other pizza had chicken as its main ingredient.

Chicken pizza brought the most comments. Many acted like they had been born in Missouri and said "show me."

"It's highly non-traditional, but there's nothing wrong with it. The portions of chicken meat seem generous compared to other meats on pizzas. It needs a little dressing up though,

mushrooms or something that would be easy to do yourself," a tester said.

His comments matched those of another taster.

"The chicken sounded a bit strange, but I actually thought it was the better of the two," he said. She admitted frozen pizza has come a long route of improvement since her mother used it as a fill-em-up treat.

One was impressed that chicken was available.

"It's nice to know that you can purchase frozen pizza with chicken rather than just meat on top," he said. He thought it tasted "great" and agreed he would like to add extras, like green pepper and onion, to the top.

The pizza's appearance impressed testers.

"The nicest thing was the chicken doesn't look or taste like a dressed meat. They were real chunks of white chicken meat," one said.

She also found the supreme pizza an attraction.

"The three-meat deluxe almost looked like a picture-perfect pizza with the black olives, mushrooms

and meaty chunks all smothered in cheese."

In spite of never ordering thick crust for herself, she liked this one. She considered the pepperoni greasy, but had compliments for the sausage.

"The sausage was great. I'd go back and buy a simple sausage one day at a time. The chunks of meat were almost like mini-meatballs, smothered in cheese, on a nice thick crust," she said.

Another called the vegetables on the supreme pizza "tasty, crisp and yet not tough."

She liked the Dierbergs self-rising pizza better than other brands she had tried, not only for the price, but because it "tasted better, more homemade."

Another member of the testing team shared his recipe for getting self-rising pizza baked to his satisfaction.

Because he enjoys chewier crust, he cooks it about five minutes longer at a slightly lower temperature than the package directions. The results, he said, are "a nice doughy crust."

## Heart-y Bites

By CINDY BERNER

### Warm spring evening is magnet to grill burgers

Firing up the grill is an almost involuntary response to warm spring weather. Instead of throwing the usual burger on the grill, my sister-in-law, Kathy Waldeemer, has a winning turkey burger recipe her entire family enjoys.

"My husband, Dan, prefers this turkey burger over a regular hamburger — and that's saying a lot because he enjoys a good hamburger," Kathy explained.

The recipe originally came from her mother-in-law, who experiments with low-fat recipes. Kathy didn't give it a first try on just her own family; she used it at a family barbecue, where guests gave it a skeptical review before tasting the fare.

The turkey burgers went over so well that people were going back for seconds, asking for the recipe," she said.

At first, experimenting with turkey burgers requires a new mode of thinking. It starts with ground turkey.

Ground turkey is available with white and dark meat or, better ground with only breast meat. The best bet for finding all-white-meat ground turkey is in the fresh poultry section. It may be positioned near the ground beef, too. If it doesn't say it is turkey breast (white meat), it probably has the dark meat and even fatty skin ground into it.

Frozen ground turkey may be kept in the frozen foods section. Frozen turkey burgers also are available, but usually have a higher fat content than homemade patties.

Safely handling ground meat, beef or poultry, is a must. Washing hands before preparing patties, cooking meat thoroughly until it is no longer pink and washing all surfaces in contact with meat are musts for the safety of those who eat it.

Another element of safety precludes burgers cooked to rare, a common practice at home for beef burgers. This practice should be discarded.

For diehard meat eaters accustomed to sinking their teeth into a big, juicy hamburger, the thought of a beefless burger may not be inviting. This turkey burger is an example of making a healthy change without noticing a big difference from everyday fare. Relative to a 3-ounce cooked extra-lean ground beef burger, this 3-ounce poultry burger comes in 4 grams lighter in fat.

The flavor of soy sauce, celery, onion and orange mesh with the meat in this recipe to make up flavor lost by losing some fat. It comes up juicy with a slightly Oriental flavor.

Grilling does not differ much. Because it has less fat, the burger may stick a little more, so coating the grilling surface with non-stick cooking spray before setting it over the coals can help. It should be cooked until done, which may take less time, but not overcooked.

For those inclined to eat burgers for extras, like

dripping ketchup and mustard, melt a slice of reduced-fat Swiss cheese on top of the patty before taking it off the grill and serve it on a bun of choice.

Registered dietitian Cindy Berner is a member of the nutrition committee of the American Heart Association, St. Louis Chapter.

American Heart Association representatives are conducting supermarket tastings throughout the St. Louis area through June. For more information or reservations, call 454-HEART. Free recipes and food products will be distributed.

## TURKEY-CELERY BURGERS

1 lb. ground turkey breast  
3/4 cup finely chopped celery  
1/4 cup chopped bread crumbs  
1/2 cup plain bread crumbs  
2 tbsp. soy sauce  
1 tbsp. frozen orange juice concentrate, thawed

Combine ground turkey, celery, onion, crumbs, soy sauce and juice. Shape into 4 patties.

Grill 4 to 5 minutes per side until patties are no longer pink inside. Makes 4 patties; 136 calories, 5 g fat, 580 mg sodium and 50 mg cholesterol each.

Note: For less sodium, use reduced-sodium soy sauce. Finely chopped mushroom or carrot can be used in place of celery.

## Food writers host discussion

Food writers and monthly magazine columnists Jane and Michael Stern will host an evening's discussion of the way cuisine distinguishes one urban community from another from 7 to 9 p.m. May 14 at the Library and Research Center of the Missouri Historical Society, 225 N. Skinker Blvd.

It is the final segment of "Celebrating the City," its 1997-98 "Urban Forum/Where We Live" series, which focuses on the local, national and international scope of urban art and culture.

Eating as a universal cul-

tural expression indicates class and culture. It links people across space and time, connecting not only family members, but any people who share racial, ethnic, economic, religious and regional backgrounds.

The Sterns' monthly column in *Curious Magazine* explores the way eating habits, preferences and content are affected by lifestyle. Many of their books — including "Roadfood: A Taste of America" and their newest, "Eat Your Way Across the USA" — touch upon this same issue.

The Missouri Historical Society's promotional co-sponsor for the series is the Regional Commerce and Growth Association. The series is co-sponsored by the Washington University American Culture Studies Institute, the Department of Urban Specialization at Hornbeam-St. Louis College, East-West Gateway Coordinating Council, Saint Louis University's Department of Public Policy Studies and the American Institute of Architects-St. Louis.

For more information on the Sterns' program, call 361-9265.

## Medicine Chest

By REBECCA COLEY

### Market expands for ease of testing with home kits

The home test kit market is growing with 1998 sales estimated to reach almost \$1 billion. Because most pharmacists support the proper use of home test kits, they can be valuable sources of information on the various kits available.

Home test kits offer convenience, with the user controlling conditions of using them. It is extremely important though that these home test kits not replace a visit to a physician. They should be used in conjunction with a conversation with a doctor or pharmacist.

The U.S. Food and Drug Administration usually must scrutinize home test kits. Devices around for some time include glucose monitors, blood pressure monitors, thermometers and home pregnancy tests. A growing market of new kits test for osteoporosis, blood in the stool, urinary tract infections and HIV.

A new entry into the market tests for urinary tract infections.

There are two products: UTI Home Screening Test Kit (Consumers Choice Systems) and HealthCheck Uri-Test Urinary Tract Infections Screening Test (Health-Mark Diagnostics). Priced at less than \$10, they provide results within 1

minute. Any positive test should be referred immediately to a physician for proper follow-up treatment.

Recently the market saw the introduction of Parents Alert (ChemTrak), a test that detects LSD, ecstasy, marijuana, opiates, cocaine/crack, amphetamines, methamphetamine, benzodiazepines and barbiturates. Results from the urine sample, which must be shipped away, follow in three to five business days. It costs about \$50.

Also available is the ColoCare home test kit which detects early warning signs of colorectal disease. CholesTrak measures blood cholesterol for less than \$15.

Technology will continue to expand the scope of home testing. Proper use of these tests followed with candid discussion with a professional leads to more informed healthcare decisions.

Registered pharmacist Rebecca Coley is a board member of the Saint Louis College of Pharmacy Alumni Association. Questions for her to answer in "Medicine Chest" can be e-mailed to her at [rcoley@jtsmail.com](mailto:rcoley@jtsmail.com) or sent to: Medicine Chest, Suburban Journals, 1714 Deer Tracks Trail, St. Louis, Mo. 63131.

## B-Earth Day

Continued from page 1C. Beans were eaten parochially until recently.

"Black limas and other common beans were grown originally for most of this last century as a crop to replenish soil. There was a little money to be made in harvest, but it was mostly a throw-away crop," she said.

She points out a big change on the bean scene: the growth of heirloom beans which languished for centuries in pits, tombs, vaults, jewelry boxes, attics and basements.

Growers specialize in germinating single plants from two or three seeds in an effort to bring back these genetically-diverse strains.

New names like black valentine, snowcap, mortgage lifter, vallarta and rio zapping join cranberry, fava and mung beans in marching through the world's cuisines.

Doiny says there are many reasons for bean's popular resurgence.

Their high protein coupled with low fat puts them at the top of many lists of

favorites. Some studies indicate they have a cholesterol-reducing effect.

"They haven't been called a 'perfect food' for nothing," she says.

Their high fiber, part of the reason they are so healthful, and a common cause of digestive problems for some people when the sugar breaks down into flatulence in the intestine, instead of being processed in the stomach.

Often people not used to eating high-fiber foods digest them better as they add them gradually in small amounts to everyday eating.

Doiny says conventional wisdom advises hearty rinsing of the soaking liquid helps, but informal research does not find it helpful.

She suggests cooking beans thoroughly, because tender beans are more digestible. Her motto is to eat more beans too, because cultures that traditionally eat a lot of them gradually develop a tolerance for what is affectionately known as "Mexican

stomach."

She has other tips for cooking with beans:

- Age is crucial to cooking beans. Dried beans should be cooked within a year of drying. Packing or drying dates are not given on packages, so they should be bought where there is high turnover.

- If beans are cooked in water high in minerals, they take longer to rehydrate. Large beans, like

garbanzos and limas, take longer than small beans, like pintos. Split peas and lentils take as little as 30 minutes to cook.

- Store them in a cool place so they do not dry out.

- Doiny lives by the "do not presoak" school of cooking beans. "Presoaking hastens cooking time by maybe 25 percent and rehydration is more uniform without it," she found in

researching her book.

- Do not add an acidic ingredient — like tomato, vinegar or lemon — until

beans are cooked. Vinegar complements their flavor, but it should be added at the end.

## ASIAN-FLAVORED MUSHROOMS

3 tbsps. oil  
10 oz. fresh mushrooms, halved or quartered (about 3 1/2 cups)  
2 tbsps. minced garlic  
1 cup water  
1/4 cup teriyaki sauce  
2 tbsps. cornstarch  
4 cups broccoli florets  
1 cup green onion (scallion), cut in 1-inch pieces  
1 cup small radishes, cut in half  
1 pkg. (16 oz.) coleslaw mix (about 6 cups)  
Cooked rice or noodles, if desired

In large skillet in 2 tablespoons hot oil, cook mushrooms and garlic, stirring occasionally, about 5 minutes until liquid evaporates and mushrooms are tender.

Combine water, teriyaki sauce and cornstarch. Stir into mushrooms. Cook and stir about 2 minutes until sauce is clear and slightly thickened.

Cook broccoli and green onion and radishes. Return to boil. Cook and stir about 3 minutes until vegetables are tender.

In medium skillet, add remaining 1 tablespoon oil and coleslaw mix. Cook and stir about 2 minutes until cabbage begins to wilt.

Serve mushroom mixture over coleslaw on layer of rice or noodles.

Yields 4 servings; 225 calories, 9 g protein and 12 g fat each (without rice or noodles).

## VEGETARIAN SLOPPY JOES

1 tbsp. oil  
1 medium onion, chopped  
1 green bell pepper, chopped  
3 cups cooked brown rice  
2 cans (16 oz. each) Mexican-style pinto beans (or chili beans)  
3/4 cup hickory barbecue sauce  
4 to 6 whole grain buns

In large skillet over medium-high heat, cook onion and green pepper in hot oil 2 to 3 minutes. Add rice, beans and barbecue sauce. Simmer 10 to 15 minutes until heated through.

Serve on buns.

Makes 4 to 6 servings; 672 calories, 24 g protein, 10 g fat,

15 g carbohydrate, 17 mg cholesterol, 1,245 mg sodium and 12 g dietary fiber each, based on 4 servings.

# Today's Food

## Fruit cocktail revived with more than cherry

Summer seems like the time for fresh fruits and vegetables, but fresh produce is available throughout the entire year. With abundant imports and new shipping and storage techniques by the fresh produce industry, it is easy to find fresh fruits and vegetables year-round.

Eating more salads is a delicious way to incorporate

rate an assortment of fresh vegetables and fruits into spring meals.

New and improved fruit salads use colorful fresh produce available locally, including leafy greens with citrus fruit, grapes, apple and banana.

Because the best salads rely on fresh seasonal ingredients, choose items that look most appealing to

eat and the flavor will be unmatched.

Most varieties can be traded when extra-fresh ingredients are available.

### FRUITS LACED WITH NECTAR

**1/4 cup honey  
2 tbsp. fresh lemon juice  
1/2 tsp. finely grated lemon peel  
1/4 tsp. finely grated orange peel  
1/4 tsp. finely grated fresh or ground ginger  
4 cups assorted fresh fruits, such as seedless grapes, raspberries, blackberries, blueberries, sliced peaches, plums or nectarines**

In small bowl, whisk together honey, lemon juice and peel, orange peel and ginger.

Decoratively arrange cut-up fruits on serving platter in large bowl or individual serving dishes. Pour nectar over fruit before serving. Makes 4 to 6 servings.

grapes and almonds. Toss well to combine. Season with salt and pepper. Gently fold in dressing to coat thoroughly.

Line each quartered pineapple shell with 2 lettuce leaves. Scoop fruit mixture into pineapple boat. Serve at once.

**Orange Dressing:** In small saucepan over high heat, boil 1 cup orange juice to bring to a boil. Reduce heat slightly. Cook, stirring occasionally, about 25 minutes until reduced to very thick syrup (about 3 tablespoons).

In bowl, mix 1/2 cup nonfat mayonnaise or plain yogurt with 1/2 cup light sour cream. Stir in 2 teaspoons lime juice, 2 tablespoons orange syrup and zest of 1 orange. Refrigerate up to 4 hours. Makes 1 cup.

Makes 4 servings; 360 cal., 11 g fat, 65 g carbohydrate, 7 g protein, 412 mg sodium and 7 g dietary fiber each.

In large bowl, toss banana and apple with orange juice. Add pineapple, celery,

keeping stem of pineapple attached, quarter fruit lengthwise. Remove fruit carefully from shell; cut in bite-size pieces.

Makes 4 servings; 360 cal., 11 g fat, 65 g carbohydrate, 7 g protein, 412 mg sodium and 7 g dietary fiber each.

Line each quartered pineapple shell with 2 lettuce leaves. Scoop fruit mixture into pineapple boat. Serve at once.

**TUSCAN HAM SANDWICH**

Spread 2 slices sourdough or Italian bread with pesto. Layer slices of ham, provolone cheese and thinly sliced romato tomato. Serve grilled or plain. Before grilling, brush olive oil lightly on outer sides of bread.



Seasons change, but the tradition of fruit salad swings from one high gear into another.

### Recipe

#### PORK MEDALLIONS WITH DIJON-DILL SAUCE

**8 oz. pork tenderloin  
1/2 tsp. garlic salt  
1/8 tsp. pepper  
1/4 cup plain yogurt  
2 tbsps. Dijon mustard  
1/4 tsp. dill weed**

**1/4 tsp. sugar**

Cut pork crosswise in 4 pieces. Place each piece cut-side down on flat surface, cover with waxed paper and flatten gently with heel of hand until 1/4-inch thick.

Panbroil pork in nonstick frying pan over medium heat 3 to 4 minutes per side.

Remove medallions to warm platter. Season with

garlic salt and pepper on both sides.

Place yogurt, mustard, dill weed and sugar. Serve with pork.

Makes 4 servings.

**Note:** To serve sauce warm, place mixture in heat-proof measuring cup and warm in hot (not boiling) water 2 to 3 minutes. Do not cook or let curdle.

coated with nonstick cooking spray until very hot. Cook asparagus, covered, 2 minutes.

Add reserved olive liquid, olives and radishes. Cook over high heat, uncovered, 2 to 3 minutes until liquid has evaporated.

Remove from heat. Stir in dressing.

Divide half the cheese cubes over lettuce. Cover with hot vegetable mixture. Top with remaining cheese (curls). Garnish with basil. Serve at once.

Makes 4 to 6 servings.

#### WARM SALAD WITH TART-SWEET DRESSING

**1 lb. fresh asparagus, trimmed  
1 can (6 oz.) pitted ripe olives  
1/4 cup barbecue sauce  
1/4 cup frozen orange juice concentrate  
1/2 tsp. dry basil  
12 oz. mesclun (field lettuce) or other greens mixture**

**2 cups (8 oz.) sliced radishes**

**6 oz. Jarlsberg regular or lite cheese, cubed (half can be curds made with cheese plane)**

**Fresh basil for garnish, if desired**

Cut off 3-inch asparagus tips. Slice remainder in 1-inch pieces. Drain olives, reserving 1/2 cup liquid.

For dressing, mix barbecue sauce, orange juice concentrate and basil.

Divide lettuce between 4 to 6 plates.

Heat large heavy skillet

coated with nonstick cooking spray until very hot. Cook asparagus, covered, 2 minutes.

Add reserved olive liquid, olives and radishes. Cook over high heat, uncovered, 2 to 3 minutes until liquid has evaporated.

Remove from heat. Stir in dressing.

Divide half the cheese cubes over lettuce. Cover with hot vegetable mixture. Top with remaining cheese (curls). Garnish with basil. Serve at once.

Makes 4 to 6 servings.

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# Today's Food

## Blue Ribbon Cook

### Creamy chicken fits under a crispy top

Carolyn Dickmann, Richmond Heights, is this week's winner of dinner certificates to the Pasta House Co. for Crispy Layered Chicken Casserole.

#### CRISPY LAYERED CHICKEN CASSEROLE

**1/4 cup** (1/2 stick) margarine  
**1 box** (6 oz.) chicken-flavored stuffing mix  
**3 cans** (15 oz. each) mixed vegetables, drained, reserving 3/4 cup liquid  
**1 can** (10 1/2 oz.) cream of chicken soup  
**1 to 1 1/2 cups** cooked, cubed chicken  
**1 cup** (4 oz.) shredded mozzarella cheese

She put together two family favorites to come up with this tasty casserole. Not only does it fit the criteria of using six ingredients, but she suggests several

Preheat oven to 350°. Melt margarine. Mix with contents of seasoning packet from stuffing. Stir in bread crumbs from mix until slightly moistened.

Combine soup and reserved liquid from vegetables. Mix well. Add vegetables and chicken.

Spread chicken mixture in ungreased 13-by-9-inch casserole dish. Sprinkle with cheese. Spread moistened stuffing mix on top.

Bake, covered, in preheated oven 20 minutes. Remove cover. Bake 5 to 10 minutes longer until topping is browned.

Yields 6 to 8 servings.

variations within those parameters to help make the recipe more efficient or pleasing to individual tastes.

This month's Ham-It-Up Recipe Contest continues until April 30. Any type of easy-to-make recipe that uses fully-cooked ham will be accepted. It can be a recipe to use at any meal, including brunch, such as a soup or chowder, appetizer, sandwich, side dish or main dish.

Send a single recipe to: Ham-It-Up Recipe Contest, Suburban Journals, 1714 Deer Tracks Trail, St. Louis, 63131.

Each Wednesday in May a winner will be chosen on the basis of taste and eye appeal, as well as originality, although the recipe need not be original.

That means there will be four winners.

## Wise Ways

By CYNTHIA FAUSER

### Soy pops up in foods

The good news about soy and its positive health effects continues to mount. Accumulating research links soy consumption to reduced cholesterol, improved bone health, reduced cancer risk and possible lessening of menopausal symptoms. Isoflavones unique to soy seem to be an important part of the equation.

There is no reason to believe in "magic bullets," but eating more soy food certainly would not hurt and probably would help on the path of healthy everyday eating.

Believing does not translate automatically into doing, even at my own table. It takes a while to get familiar enough with new foods or ingredients to use them well. One of the best techniques I have found is to use the new food in a familiar product.

Lasagna works well for adding soy because tofu substitutes perfectly for the

ricotta cheese. Ground beef-like textured soy protein granules (TVP).

Registered dietitian Cynthia Fauser is nutrition spe-

cialist for University Extension (University of Missouri system) in St. Louis County.

well.

In bottom of 13-by-9-inch microwave-safe dish, spread small amount of spaghetti sauce mixture to keep noodles from sticking. Break uncooked noodles into dish to fit, making one layer. Pour half the tofu mixture over noodles, top with half the spaghetti sauce. Sprinkle half the cheese on top. Repeat layers.

Cover dish tightly with lid or wrap both ways with plastic wrap for a tight fit. Cook on high power 8 minutes. Cook 32 minutes longer on medium-high power. Let stand 15 minutes before serving.

Yields 12 to 15 servings; about 240 calories, 15 g protein, 18 g carbohydrate and 11 g fat (5 g saturated).

#### EASY MICROWAVE LASAGNA

**1 pkg. (12 oz.)** frozen textured vegetable protein "crumbles" (or dry equivalent, reconstituted)  
**1 jar** (32 oz.) spaghetti sauce  
**1 pkg. (10.5 oz.)** soft tofu  
**1 egg**  
**1/2 cup** water  
**8 to 10 uncooked lasagna noodles**  
**2 to 3 cups** (8 to 12 oz.) shredded mozzarella cheese

Add TVP crumbles to spaghetti sauce. Let stand while combining other ingredients.

In small bowl, mix together tofu, water and egg. Beat

#### Micro Raves

By BARB GRAY

### Plenty of asparagus available

The first asparagus appears in early spring and a brief second crop is available in late summer, but the season for the most luscious is now through June. Asparagus of any size can be tender, but it is best to buy spears of uniform size so they microwave more evenly.

A sister in the lily-of-the-valley family, asparagus is the fifth most popular vegetable in the U.S. The name comes from a Greek word meaning "stalk" or "shoot."

Certified family and consumer scientist Barb Gray specializes in microwave cooking.

#### ASPARAGUS SHELL CAKE

**3 cups** sifted flour  
**2 tsp.** cinnamon  
**1/4 tsp.** salt  
**1 tsp.** baking powder  
**1/2 tsp.** baking soda  
**1 cup** oil  
**2 cups** granulated sugar  
**3 eggs**  
**1 tsp.** vanilla  
**1 tsp.** lemon peel  
**4 tbsp.** cooking sherry  
**2 cups** finely diced asparagus  
**1/4 cups** chopped pecans  
**1/2 cup** chopped dried sweetened cranberries  
**1/4 cup** confectioner's sugar  
**1 tbsp.** milk

Soak cranberries in hot water 15 minutes. Drain well.

Coat microwave-safe tube pan with nonstick cooking spray. Sprinkle with a little granulated sugar.

Combine flour, cinnamon, salt, baking powder and baking soda. Mix well.

Beat together oil, sugar and eggs. Add vanilla, lemon peel, sherry and asparagus. Fold in dry ingredients. Mix well. Add pecans and cranberries.

Pour batter into prepared pan. Microwave on medium-high (70 percent power) 12 minutes. Check for doneness; cake loosens around sides of pan and should be dry, not sticky, on top.

Cool on solid surface 10 minutes. Place cake on cake pan to cool thoroughly.

Combine confectioner's sugar with milk to make thin frosting. Drizzle over cake.

Makes 12 servings.

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# Today's Food

## Today mom's casserole might taste different

By Dana Jacobi

Correspondent

Casserole suppers are more than a quaint bit of culinary nostalgia from the days of molded gelatin salads and mile-high chiffon pies. While the first American casseroles date back to the beginning of this century, these new dish suppers are still extremely popular.

By emphasizing small portions of lean meat, a variety of vegetables and whole grains, today's newly slimmed-down recipes help make casseroles a part of daily eating that health experts, including the American Institute for Cancer Research, recommend for better overall health and lower cancer risk.

Technically, "casserole" refers to both a particular kind of dish and what is prepared in it. A casserole has traditionally consisted of a variety of cut-up ingredients combined with a starch such as noodles, potatoes or rice, doused with a soupy liquid and baked in the oven.

Tuna Noodle Casserole,

quintessentially American, is as familiar as international dishes like lasagna, moussaka and pastitsio and American regional favorites of shrimp Creole and tamale pie.

The casserole first appeared in 1903. It was a recipe for chicken seasoned with ketchup, mushrooms and sherry wine baked in a covered dish. By 1916, Campbell's was making canned soups and promoting their use in casserole recipes.

During the Depression, casseroles became hit by transforming leftover ingredients into a hearty meal for a whole family. Their biggest boost came in 1934, with the introduction of condensed cream of mushroom soup. From then on, through the days of the Lindy hop and "I Like Ike,"

Even in the '60s, there was coutered from Atlanta who served up an impressive casserole of creamy chicken with artichoke hearts and mushrooms flavored with sherry. Sheltered by a mother who always cooked

from scratch, I had no idea this seductive casserole was a Southern classic.

Dana Jacobi — author of "Best Claypot Cooking" and "The Natural Kitchen, Soy," submits this material for the American Institute for Cancer Research in Washington, D.C.

### SPANISH CHICKEN AND RICE CASSEROLE

1 1/4 cups uncooked arborio or other short-grain rice  
1 small onion, chopped  
1 tbsp. extra virgin olive oil  
1 can (14 1/2 oz.) stewed tomatoes  
1 to 1 1/4 cups reduced-sodium chicken broth  
1 tsp. paprika  
1/2 tsp. oregano  
1/4 tsp. freshly ground pepper  
1 jar (7 oz.) roasted red peppers, drained, chopped  
2 medium skinless, boneless chicken breasts (about 1 1/2 lb.), cut in 1-inch pieces  
1 bay leaf  
1/2 cup frozen green peas

Preheat oven to 375°. In a large casserole, combine rice, onion and oil. Add unstrained tomatoes, 1 cup broth, paprika, oregano, ground pepper, roasted peppers and chicken. Mix together.

Bake, covered, in preheated oven 30 minutes. Stir in peas. If needed to keep rice from sticking, add remaining 1/4 cup broth.

Bake 15 to 20 minutes longer until chicken is cooked through.

**FEELING FIT** BY MARK LYMBERPOULOS

Folks walking between planes at Dallas/Fort Worth can exercise away the hours at a new health spa there. It has a complete exercise equipment, pool and sauna, even a spot for a nap.

Parties are easier to handle if you eat something beforehand. Then nibble on fresh raw vegetables slowly—or plain popcorn. Avoid potato chips, salty or buttery cracklings. Even cheese is OK.

Exercise in the park can be useful for arthritis. Some gyms are offering special classes in cooperation with the Arthritis Foundation.

Vitamin C seems to trigger a natural bronchiodilator that helps asthmatics who exercise—but not breathing problems.

Research was done at a New Haven (Connecticut) lab.

Doesn't matter if you'd rather jog or do aerobic dancing. Both offer the same benefits and little stress.

Benefits, according to a controlled test at the University of Wisconsin at LaCrosse, are the same.

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We offer lots of equipment and instruction.

Makes 7 servings.



Fresh spinach is delectable food of spring.

## Greens color the earth

Greens are an obvious choice for a food that offers taste and nutrition, yet does not break the bank.

The peppery taste of arugula is delicious in salads. Belgian endive has a pleasant bitterness that is good steamed or in salads or gratins. Try the distinct flavor of escarole steamed, in soup or mixed with milder greens in salad. Kale is pleasantly piquant steamed, sauteed or boiled, while the sharp flavor of radicchio is best used in salad. Sorrel adds a tart touch to salads and soups. While watercress provides spicy flavor to soups, salads and traditional tea sandwiches.

**CHINESE SPINACH WITH MUSHROOMS**

1 tsp. olive oil

1 tsp. toasted sesame oil  
1 1/2 cups sliced mushrooms  
1 Vidalia onion, thinly sliced  
2 cloves garlic, sliced  
1 pkg. (10 oz.) frozen  
chopped spinach, thawed, squeezed dry  
1/2 tsp. minced ginger root  
2 tsp. soy sauce

In medium saucepan over low heat, warm olive oil and sesame oil. Saute mushrooms, onion and garlic 15 to 20 minutes until onion and mushrooms are soft.

Add spinach, ginger and soy sauce. Cook, covered, 10 minutes or until spinach is hot.

Makes 4 servings, 62 calories and 3 g fat each.

### Recipe

#### CINNAMON-TOPPED FRUIT SCONES

3/4 cup flour  
1/4 cup wheat germ  
1/4 cup plus 1 tbsp. sugar  
1 tbsp. baking powder  
1/2 cup margarine, chilled  
1 cup dried, dried mixed fruit  
1/2 cup skim milk  
2 egg whites, lightly beaten  
1/4 tsp. cinnamon

Preheat oven to 400°. Combine flour, wheat germ, 1/4 cup sugar and baking powder. Cut in margarine until mixture resembles coarse crumbs. Stir in fruit. Add combined milk and

egg whites, mixing until just moistened. On ungreased cookie sheet, pat into 10-inch circle. Sprinkle with combined 1 tablespoon sugar and cinnamon.

Cut in 10 wedges, but do not separate. Bake in preheated oven 12 to 16 minutes until light golden brown.

Cool slightly. Break apart. Serve warm with fruit spread or honey, if desired. Makes 10 servings; 240 calories, 7 g fat, 240 mg sodium, 37 g carbohydrate, 6 g protein and 2 g dietary fiber each.

Note: If desired, dried cherries, cranberries, blueberries or raisins can replace mixed fruit.

### Recipe

#### GREEK RICE AND BEANS

1 can (10 oz.) diced tomato and green chiles  
2/3 cup reduced-sodium chicken broth  
1 cup uncooked long grain rice  
2 tbsp. olive oil  
10 oz. fresh mushrooms, sliced  
1 onion, chopped  
2 cloves garlic, minced  
1 can (15 oz.) garbanzo beans (chick-peas), drained  
4 oz. fresh spinach, trimmed  
4 oz. feta cheese, crumbled  
1 tsp. oregano

1 tbsp. chopped fresh mint  
1 tbsp. lemon juice  
1/4 tsp. salt

In medium saucepan, heat undrained tomatoes and chicken broth to boil. Add rice. Heat to boil. Reduce heat. Simmer, covered, 20 minutes or until liquid is absorbed.

In large skillet, saute mushrooms, onion and garlic in hot oil 8 to 10 minutes until vegetables are tender. Stir in rice, beans, spinach, feta, oregano, mint, lemon juice and salt. Cook 1 to 2 minutes over medium heat until spinach is just wilted.

Serve hot or cold. Garnish with spinach leaves and lemon wedges, if desired. Makes 7 servings.

## Women of Achievement

### TICKETS ARE NOW ON SALE FOR THE WOMEN OF ACHIEVEMENT LUNCHEON

Join the celebration to honor the ten 1998 Women of Achievement from throughout the bi-state area.

The luncheon will be held on May 6, 1998 at the Ritz Carlton in Clayton at twelve noon.

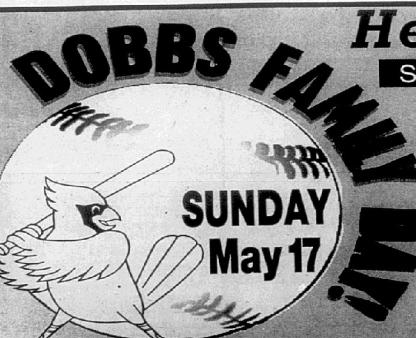
Tickets are \$25 each with seating at tables of ten.

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Get the gang together and head to Busch Stadium to see the Cardinals play the Florida Marlins, Sunday, May 17 at 1:10 p.m. Plus! Kids, here's your chance to throw out the first pitch and have your best friend catch it!

Buy one KID'S TICKET  
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Valid for one child age 16 & under on May 17. Purchase 1 child's Terrace Reserved or Upper Terrace Reserved Seat at regular price and get a 2nd child's Terrace Reserved or Upper Terrace Reserved Seat free. Cannot be combined with any other discount offer. Can be redeemed at Busch Stadium (in advance or on day of the game) & at participating Schnucks Video Stores. Subject to prior sales.

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YES! Enter my name into the FIRST PITCH CONTEST on May 17. Drop off at any one of 35 conveniently located Dobbs Tire & Auto Center locations. You must be 16 years old or older & 15 to qualify. Only one entry per person. All entries must be received by May 1, 1998.

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# Today's Food

## Restaurants cook favorites at benefit against hunger

A ticket to Taste of the Nation on Sunday will help feed people who are able to share the bounty in their lives as well as those who need help making ends meet.

About 40 local restaurants and 10 food and beverage purveyors will cook up a benefit storm from 7 to 9:30 p.m. at St. Louis Galleria, funds from which go to the St. Louis Area Foodbank and Operation Food Search.

Restaurants ranging from Dierdorf & Hart's Steak House and Tony's to Applebees International and St. Louis Bread Co. will dice, peel, saute and cream their best offerings for guests to sample.

Applebees, TJ's Wildflowers, Cafe Balabany, Raman's Jalapeno, Bristol Bar and Grill and the Pasta House Co. are new to this year's event.

Frank Finnegan, executive director of the St. Louis Area Foodbank, says that while a benefit like this does not wipe out poverty and the need for relief does help provide relief to those people who otherwise would not have the means of putting food on their tables.

Since 1990, when people were out of jobs due to downsizing, there are other scenarios facing those who seek help at food pantries, he says.

A recent survey by Second Harvest, a national hunger relief agency, painted the changing face of those coming to food banks. One-third of those who use the services work,



### Share Our Strength's TASTE OF the NATION

but do not make enough money to cover all their expenses.

"When you get your utility bills, you can't negotiate that amount, so whatever is left over is what you spend on food — but it's just not enough. These people go to the food bank on a short-term basis to get over the hump before the next pay-check comes," Finnegan says.

Another third are in transition, working their way off food stamps. It takes an average of nine months of help before they are self-sufficient. The last third, including the elderly, find themselves in situations where there will be no change.

Both St. Louis and state restaurant associations are represented among the event's sponsors.

The others involved in other benefits, we know, but this is the one where they bond together and actually run the event. One

hundred percent goes back to the agencies," Finnegan says.

Other sponsors are American Express, Calphalon and Evian.

A single ticket allows sampling from all the restaurants. Price is \$40 in advance by calling Metro-Tix at 534-1111 or the Missouri Restaurant Association at 534-1111. Tickets at the door are \$50.

A program booklet with recipes from many of this year's participants includes Pasta Pedrone from Cannicci's.

### PASTA PEDRONE

- 3 oz. uncooked angel hair pasta
- 6 marinated sun-dried tomatoes
- 2 cloves garlic, minced
- Splash of dry white wine
- 1 tbsp. chopped fresh basil
- Roasted pine nuts
- 1 fresh tomato, diced
- 2 tbsp. butter
- 2 tbsp. beef stock
- Salt and pepper to taste
- Fresh parsley

Bring pot of lightly salted water to full boil. Add pasta. Cook about 5 minutes until al dente.

Saute garlic in oil drained from tomatoes until garlic turns brown. Add sun-dried tomatoes, basil, wine and a few pine nuts. Stir to combine. Add fresh tomatoes, butter and beef stock.

### Good Health

By MELANIE POLK



Fresh spinach is delectable food of spring.

## Greens color the earth to rule taste, nutrition

*nutrition education for the AICR in Washington.*

Greens are an obvious choice for a food that offers taste and nutrition, yet does not break the bank.

Swiss chard, kale, arugula, spinach and other greens star in delicious pasta, salad and soup recipes. Their renown is growing for supplying lots of vitamins and minerals, plus a wide range of natural plant substances called phytochemicals researched with funds from groups like the American Institute for Cancer Research.

Greens aren't just nutritious rabbit food. They contribute a spectrum of taste, colors and textures to any meal. Use them as a base for salads, on sandwiches or as other side dishes.

The peppery taste of arugula is delicious in salad. Belgian endive has a pleasant bitterness that is good steamed or in salads or gratins. Try the distinct flavor of escarole steamed, in soup or mixed with milder greens in salad. Radish is pleasantly piquant steamed, sauteed or boiled, while the sharp flavor of radicchio is

best used in salad. Sorrel adds a tart touch to salad and soup while watercress provides spicy flavor to soups, salad and traditional tea sandwiches.

When shopping, choose greens kept moist and refrigerated. Dark green leaves should be crisp, clean and fresh looking, with no yellow or black spots, insect holes or dry, wilted leaves.

Wash greens thoroughly in water, discarding damaged outer leaves, and lay them on paper towels to dry.

Store greens in the refrigerator drawer to maintain freshness. Because nutrients leach out into cooking water, steam, saute or stir-fry greens briefly until just tender and serve immediately.

For a free guide to vitamins and minerals found in many foods, write to: American Institute for Cancer Research, Department VG, P.O. Box 97167, Washington, D.C. 20090-7167.

Registered dietitian Melanie Polk is director of

### CHINESE SPINACH WITH MUSHROOMS

- 1 tsp. olive oil
- 1 tsp. toasted sesame oil
- 1/2 cup sliced mushrooms
- 1 Vadalia onion, thinly sliced
- 2 cloves garlic, sliced
- 1 pkg. (10 oz.) frozen chopped spinach, thawed, squeezed dry
- 1/2 tsp. minced ginger root
- 2 tsp. soy sauce

In medium saucepan over low heat, warm olive oil and sesame oil. Sauté mushrooms, onion and garlic 15 to 20 minutes until onion and mushrooms are soft.

Add spinach, ginger and soy sauce. Cook, covered, 10 minutes or until spinach is hot.

Makes 4 servings, 62 calories and 3 g fat each.

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Clinical Research Associates of Edwardsville urgently needs volunteers age 18 and over with Depression to participate in research studies comparing investigational drugs with available antidepressant medication and placebo. If you or someone you know has depression please give us a call. Symptoms include:

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Director of Clinical Research

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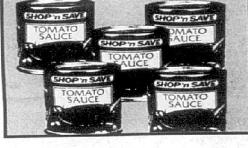
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Puff Facial  
Tissue.....  
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Red Ripe  
Strawberries  
**5 88**

1/2 FLAT

lb.

# AUTOMOTIVE

VW  
Passat



## Volkswagen's 1998 Passat has lots of appeal

By Tom Strongman

While the New Beetle is the hottest buzz from Volkswagen, there's another newcomer lurking in its showrooms that deserves its share of attention: the 1998 Passat.

This arch-roofed, four-door sedan shares its bones with the Audi A4 and A6. It will play a huge part in Volkswagen's U.S. resurgence, because it squares off with popular competitors such as the Toyota Camry, Honda Accord and Oldsmobile Intrigue. Styling is Germanic, with the mold of "ame-toe" styling, while its spacious interior is populated with pleasing textures and efficient instrumentation.

It has taut road-holding, nicely weighted steering and solid body structure free of creaks and groans.

The base price of \$21,250 includes front and side air bags, anti-lock brakes and electronic traction control.

Last fall, my first drive in the Passat was an eye-opener, so I asked Volkswagen for another. This time, in January, a silver GLS took up residence in our garage, where it stayed for three months.

What I discovered was this: The 1.8-liter, turbocharged engine is deceptively stock. Normally, a four-cylinder this small in a car this big would have you smashing the throttle just to keep up with traffic. But this engine is unusual. A turbocharger fattens up its low-speed power, and it goes from 0 to 60 mph in about 8 seconds.

For those who want more zip, an optional 160-horsepower V-6 is just now available. About half of the V-6s will come with a five-speed manual, reflecting the fact that Volkswaged buyers want a more sporting driving experience.

Engine.

1.8-liter, four-cylinder turbo

**Transmission:**

Automatic

**Wheelbase:**

106.4 inches

**Curb Weight:**

3,236 pounds

**Base Price:**

\$21,250

**Price as Driven:**

\$23,605

**MPG Rating:**

21 city, 31 highway

The Passat has a clever four-link front suspension design that eliminates most of the unwanted characteristics of front-wheel drive. It was rock steady in turns, with very little body roll.

While the ride is not sports-sedan tight, it is buttoned down sufficiently to produce satisfying handling.

With an industry-leading drag coefficient of 0.27, one of the lowest for a production car, it knifes through the air with hardly a ruffle, and wind noise is almost nonexistent. If you drive by ear, you constantly will exceed the speed limit because it is so quiet.

My only real complaint centers on the cup holder, which slides out of the dash in front of the shift lever. Not only is it too flexible, but it can't hold any cup larger than a soda can.

Occasionally, the engine's idling caused a

clunk.

The automatic saps a bit of power from the four-cylinder engine but not enough to be of consequence. Buyers who want a performance edge will love the five-speed manual, but I see the Tiptronic as the best of both worlds.

The interior is comfortably large. Head room is more than adequate, thanks to the tall roof. With a wheelbase 3 inches longer than last year, there is generous knee room for rear-seat passengers. The trunk is big and positively voluminous with the seats folded forward.

I liked the tilt-and-telescoping steering wheel, one-touch up and one-touch down power windows, keyless entry, power mirrors and cruise control.

The cloth seat fabric grips your clothes like Velcro, which is not always good for scooting in and out. Leather is a \$950 option.

Soft-touch rubber around inside door handles sends a subtle message that you are gripping hold of a much more expensive car, and the texture used on the top of the dash and door panels looks rich and elegant.

buzz from somewhere up behind the dash.

The Passat is typical of the new products from Volkswagen: It has tight cut lines between body panels, avant-garde styling and an engine that has four-cylinder efficiency and V-6 power. The fact that it comes to market competitively priced only makes it more appealing.

The base price for the silver GLS was \$21,250. Options included the power sun roof, Tiptronic transmission and CD changer. The sticker price was \$23,605.

The standard warranty is for two years or 24,000 miles. The powertrain warranty is for 10 years or 100,000 miles.

The Passat has a clever four-link front suspension design that eliminates most of the unwanted characteristics of front-wheel drive. It was rock steady in turns, with very little body roll.

While the ride is not sports-sedan tight, it is buttoned down sufficiently to produce satisfying handling.

With an industry-leading drag coefficient of 0.27, one of the lowest for a production car, it knifes through the air with hardly a ruffle, and wind noise is almost nonexistent. If you drive by ear, you constantly will exceed the speed limit because it is so quiet.

My only real complaint centers on the cup holder, which slides out of the dash in front of the shift lever. Not only is it too flexible, but it can't hold any cup larger than a soda can.

Occasionally, the engine's idling caused a

clunk.

The automatic saps a bit of power from the four-cylinder engine but not enough to be of consequence. Buyers who want a performance edge will love the five-speed manual, but I see the Tiptronic as the best of both worlds.

The interior is comfortably large. Head room is more than adequate, thanks to the tall roof. With a wheelbase 3 inches longer than last year, there is generous knee room for rear-seat passengers. The trunk is big and positively voluminous with the seats folded forward.

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## Feds studying crash records of trucks, SUVs

By Rick Stoff

When you're driving a big old truck or van, don't you feel all safe and snug, almost like you're driving a tank? As more and more trucks and sport-utility vehicles hit the roads, it has become apparent that many of them are like tanks.

The federal government is taking a close look at the accident records of trucks and sport-utility vehicles. Preliminary statistics analyzed by the U.S. National Highway Traffic Safety Administration has found that light trucks and vans, now labeled LTVs, account for about a third of the registered vehicles in the country but are involved in more than half of all fatalities resulting from crashes involving two or more light vehicles.

NHTSA also says it has found that more than 60 percent of fatalities resulting from side impacts occur when the striking vehicle is an LTV.

What's the problem? NHTSA researchers Hampton C. Gabler and William J. Hollowell say LTVs are heavier and have higher ground clearances than the cars with which they mingle in traffic.

Trucks and sport-utilities must sit higher in order to do their intended jobs — carry heavy, suspension-flexing loads and travel off-road on rocky, bumpy trails. But the researchers say this disparate ride height may make LTVs "fundamentally incompatible" with cars when crashes occur.

A trip to the driveway shows that the front bumper on my full-size truck sits about 24 inches off the ground. The back bumper of the standard sedan parked next to it is 18 inches high, and the rear bumper of the old Volkswagen convertible parked next to that is only 16 inches high. In any collision between these vehicles, the truck bumper would not even touch the car bumpers.

Gabler and Hollowell are studying vehicle design characteristics to determine whether there might be solutions to the perceived problem. Lowering bumper heights, as has been done with semi-trucks and their trailers, would seem to make a big difference.

Such a solution would seem to be reasonably simple. The members of the American Automobile Manufacturers Association (Ayscough, Ford and General Motors) issued a statement in which they promised to work with the government to study the problem. (As if they had a choice.)

As part of their commitment to safety, AAMA's member companies will continue to work with NHTSA and international researchers on the issue of vehicle compatibility," said association president Andrew H. Card Jr.

"AAMA agrees with NHTSA that more research is needed to understand what happens when vehicles of different sizes and weights collide with each other," he said. "Before changes in vehicles can be considered, automakers and the government need to understand how much each of these factors contributes to vehicle incompatibility. And we must ensure that any changes in design to light trucks intended to reduce risk of passenger car occupants do not inadvertently decrease the safety of the occupants of those light trucks."

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# Employment

## Mopping up a new market

Two-worker families create niche for professional house cleaners

By Steve Bryan  
Correspondent

If the real world were exactly like "Leave It to Beaver," the average housewife would stay home every day, dusting and vacuuming while wearing a lace dress and a string of pearls.

In today's typical family, however, both parents have careers, and their children attend many afterschool activities. House cleaning for these busy families can sometimes fall quite low on the list of priorities.

That's why professional house cleaners, such as the folks at Scrubby Dutch Cleaning are a necessity. Owner Shari Kinninger and her staff make sure no dirt, new and dust bunnies don't take over.

"I used to like to clean. My ex-mother-in-law used to call me 'Scrubby Dutch,'" Kinninger said. "I used to get paid now, so I paid off my started the business by myself and hired more people from there."

Before starting my company, I worked for some offices just to know how an office worked. I even ran an office for a large line."

Scrubby Dutch cleaners tackle residential and commercial jobs. They do a more heavy-duty approach, depending on the house.

The basic cleaning routine includes sweeping the trash, making the beds, changing linens, cleaning ash trays, vacuuming rugs, washing dishes, washing and waxing floors and scouring the bathroom.

Heavier cleaning involves steam-cleaning carpets, dust-



Dennis Caldwell photo

Cheryl Britt, a crew supervisor for Scrubby Dutch Cleaning, vacuums a home.

ing and washing blinds, cleaning baseboards, polishing silverware, vacuuming the furniture, cleaning the woodwork, washing walls and cleaning garages.

"They'll even do windows, but they won't get on ladders or move any furniture," Kinninger said.

Sometimes, however, Kinninger's staff encounters some really challenging "disaster areas," homes that have not been cleaned for a very long time.

"When that happens, you

have to charge more. That's happened quite a few times."

A good house cleaner must therefore someone who loves the smell of cleanser in the morning and doesn't mind coming home smelling like furniture polish.

Since her employees are working in the homes of her clients, Kinninger screens her applicants very carefully.

"We look for someone who is pretty clean," Kinninger said. "We want them to have a nice appearance and get along

well with others."

Other requirements include a clean police record and a valid CDL driver's license. Kinninger and her employees must sign an agreement saying they don't have a police record.

Scuby Dutch sends its cleaners out in teams of three.

Shari, Cheryl Britt and Marlon Smith, for instance, clean hard together so that their customers don't have to.

"Cheryl is the supervisor," Kinninger said. "They're a good team, and they work well together."

## Firm helps women dress for success

By Steve Bryan  
Correspondent

On "Saturday Night Live," when comedian Billy Crystal imitated actor Fernando Lamas, his favorite expression was "It is always better to look good than to feel good."

Kirk Lambert and Karen Pfeiffer, co-founders of Dress For Success Midwest, think it's possible, however, for their clients to feel good because they look good.

"We work with agencies that deal with women's issues like homelessness, abuse and incarcerated women's groups," Lambert said. "They'll refer a client to us when they are ready for the job search process or when they have an interview scheduled."

Appearance is a major factor to landing a good job. Most employment experts agree that when interviewing, the applicant must look and dress professionally, even if that company itself has a more casual dress code.

"Dr. Albert Mehrabian did a study that showed that 55 percent of a first impression is based on a person's appearance, 38 percent on voice but only 7 percent on what they say," Lambert said. "By dressing professionally, you're telling them that you're serious about your job."

"We give our clients a suit, shoes, handbag and all the accessories. After they secure the job, they can come back for another complete outfit. All of this is free of cost to them," she said.

Although Lambert and Pfeiffer already ran one business, they founded the organization after Lambert read an article in Self magazine about Dress For Success New York.

"Kathryn and I are corporate trainers," Lambert said. "We coach our clients in techniques for interviewing and etiquette, such as hand shaking and eye contact," Lambert said.

Dress For Success is a way for us to provide these services to women who couldn't normally afford them. We're modeling our program on the one in New York," she said.

Their efforts have inspired other people on help as well. Avon recently donated 1,000 pairs of pantyhose and Capezio sends a case of handbags each week to Dress For Success Midwest.

First United Methodist Church is a major sponsor of this organization. The church donated a classroom where Dress For Success Midwest can work with its clients.

"Everything is set up like a boutique," Lambert said. "We work with them one-on-one. It's not a handout. It's us putting our faith in them."

Dress For Success Midwest accepts donations of women's interview-appropriate clothing at Christ Church from 11 a.m. to 3 p.m. on Tuesdays and Thursdays and from 1 to 5 p.m. on Wednesdays.

"Place & The Body Dr. Spa" accept clothing donations on a continuing basis at its two locations: 7736 Forsyth Blvd. in Clayton and 1765 Clarkson Road in Chesterfield.

For more information, call 909-9446 or check out the Dress For Success web site at [www.dressforsuccess.org](http://www.dressforsuccess.org).

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##### ACTIVITY ASSISTANT DIRECTOR

We're looking for a position for a creative, enthusiastic and kind person who loves for the elderly. The right candidate should have long term care experience and be comfortable working with good computer skills. Musical talents a plus. Duties include working with residents, helping with games, parties and special events, and preparing residents for trips.

This full time day position includes some weekends and evenings. Must be able to lift up to 50 lbs. and have a high school diploma or equivalent. Range \$17.75 to \$20 per hour. Forking and pallet jack experience is a plus. Call 314-471-0223. Fax resume to: 314-471-0223. Email: [314-471-0223@juno.com](mailto:314-471-0223@juno.com)

Attention LPN'S Freeburg Care Center has positions available for LPN's to give direct care to our residents.

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**ONE OWNER HOME IN GOOD CONDITION!** This duplex is in very good condition inside and out, plus it is low maintenance. Call today for your personal showing.

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**94 CHAMPION ALANING Open House**

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1 bedroom, 1 bath, 1,000 sq. ft. bungalow, wood burning fireplace, large deck, enclosed porch, storage shed, located in park.

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**14-707, 1997 HORIZON, 2 Bed, 1 Bath, 1,000 sq. ft. front load washer/dryer, New car, New kitchen, new carpeting, new deck, new awning, \$6,000.00. Must be moved. 345-9748.**

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**TOP PONTOON BEACH** house with stocked fishing lake. Extra nice 3 Bed, 2 Bath, 1,000 sq. ft. includes appliances, deck, tool shed and more. Priced for fast sale. \$525 down. Pymts \$21 plus pac.

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**1987 SOUTHERN MOBILE HOME, 2 bedrooms, 1 bath, must sell, \$20,000. firm. 624 6857.**

**NOT FOR RESALE**

**home, set up and ready for occupancy in top area parks. No delivery hassles and priced for fast sale. Spacious units, including low down pymts.**

**TOP PONTOON BEACH** house with stocked fishing lake. Extra nice 3 Bed, 2 Bath, 1,000 sq. ft. includes appliances, deck, tool shed and more. Priced for fast sale. \$525 down. Pymts \$21 plus pac.

**398-1166**

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**CVM Realty**  
COMPUTERIZED VISUAL MARKETING  
1735 Pontoon Road • 931-2711

**OFFICE HOURS:** Mon-Fri 9-7 • Saturday 9-4 • Sunday 12-4

**FEATURED HOMES**

**2500 Adams Street**  
2500 Adams Street

**123 Briarcliff**  
123 Briarcliff

**2826 E. 25th**  
2826 E. 25th

**3049 Dale**  
3049 Dale

**TERRIFIC 2 BR Bungalow** brick home with 9 ft. ceilings, large rooms, freshly painted, nice wallpaper touches, c/w is 1 year old, privacy fence, garage, c/w. Priced to sell. **GR285.**

**CONFORTABLE LIVING -** totally renovated 3 BR brick bi-level, oak family room, 4 BR, 12x20 shed. **GR322.**

**ESIC SUBDIVISION -** 3 BR ranch with 3 baths, lots of storage, newer roof, central air, great location, priced low in \$30's. **GR075.**

**PRIME COMMERCIAL PROPERTY** 100' x 120' lot, 100' frontage, lots of options, extra income with 20 min-warehouse units plus 1500 sq. ft. apartment. **GR399.**

**PRICED TO SELL -** Nice starter has 1st floor utility room, full basement, garage - priced in \$30's. **GR011.**

**SEE OUR AD IN MADISON COUNTY HOMES MAGAZINE** Home Page: <http://members.aol.com/cvrealty/home.htm>

**JANE BONE**  
531-6324

**KRISTI GLASGOW**  
782-3547

**MARY SUE HARPER**  
782-1650

**DAN MAUE**  
782-1650

**LYNN FRIEGER**  
451-0710

**BOB SIMON**  
782-9295

**JERRY STUBBLEFIELD**  
782-9295

**VICKY WALKTON**  
782-2016

**BABY HYATT-YUTZ**  
782-2000

**NEVA LUCAS**  
782-2008

**Landmark Realty, Inc.**

**RESIDENTIAL LISTINGS**

**COMPLETELY REMODELED** brick with basement, new wiring, plumbing, water heater 1 1/2 yrs. old. New furnace & air, newer carpet, vinyl, new windows. Completely new bath, priced in the 40's. **LG528.**

**REDUCED!! Reduced by \$2,000.** Owner wants an offer on this 3 bedroom, 2 bath, 1 car garage, 1000 sq. ft. home. Very eat-in kitchen. Yard is nicely landscaped. Attached garage. **LG988.**

**NICE 2 BEDROOM** brick with dining area, basement, car garage plus big deck on back. Lots of features to offer. Priced in the 30's. **LGS63.**

**LOVING 3 BEDROOM** brick with a full finished basement, attached garage, pool, & screened in patio. Private lot on outskirts of town. Priced in the 70's. Call today for your showing. **LGS58.**

**SUNDAY 4/26 2-4 PM** BE THE FIRST to view this attractive 3 bedroom, 2 bath, 1 car garage, spacious family room. Beautiful kitchen cabinets. Nice area. Priced in the low 20's. **Down** Hostess: Rose Stern

**CUTE LITTLE BUNGALOW** with attached garage, large living room, den, kitchen, front porch. Located on outskirts of town. Priced in the 30's. **2204 Miracle** Hostess: Neva Lucas

**SUNDAY 4/26 1-3 PM** LOW 50'S BUYS this 3 bedroom ranch. Large eat-in kitchen, big front porch. Located on outskirts of town. Priced in the 50's. Call now. Won't last long. **LG1049.** Hostess: Evelyn Spickett

**OPEN HOUSE SUNDAY 1-3** JUST LISTED. Very desirable location. Very nice 3 bedroom brick. Big kitchen w/stove and microwave to stay. Full basement. Large deck. New carpet. Privacy fence. New exterior paint. A privacy fenced rear yard. Priced in the 60's. Call now. Won't last long. **LG1049.** Hostess: Diana Nane

**NEW LISTING** 1-1/2 story brick on a big 100x150 ft. corner lot. 1 1/2 baths, 2 bedrooms, 1 car garage. Priced in the 30's. **LG522.**

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**NEW LISTING** Well maintained 3 bedroom ranch, no basement, 1 car garage. Large deck, above ground pool & shed. So many features! Call today. **LG510.**

**ON THE OUTSKIRTS** of town sits a 3 bedroom frame with 1 car garage. Plus 100x150 ft. lot. Priced in the 30's. **LG598.**

**Neva Lucas.....782-2988**  
**Jo Ann Mathenia.....451-7121**  
**Bernie Maxfield.....738-0786**  
**Connie Morris.....782-1800**  
**Doris Nauy.....738-0897**  
**John Parker.....782-0897**  
**Janet Partney.....782-5140**  
**Brenda Phillips.....876-7510**

**Helen Ramos.....876-3006**  
**Lucinda Schmidt.....583-2000**  
**Wanda Schmitz.....738-1848**  
**Rose Stern.....797-2777**  
**Betsy Talcott.....452-0338**  
**Arlene Watkins.....876-7510**  
**Brenda Baker.....338-0078**

**2620 APARTMENTS UNFURNISHED**

1 NEW 5 ROOM apt., stove, refrigerator, tenant pays gas & electric, rent \$450.00 per month, no pets. (618)693-3731

**COLLINSVILLE** 1 bed, 1 bath, sunporch, laundry hook-up, storage, close to downtown. \$2700/mo plus utilities. (618)693-3731

**COLLINSVILLE WELL** maintained, 1 bedroom, 1 bath, central air, heat & water furnished, laundry hook-up, storage, security deposit, no pets. (618)693-3731

**DOWNTOWN GRANITE CITY** upstairs apartment, central air, heat & water furnished, laundry hook-up, storage, security deposit, no pets. (618)693-3731

**3 EXTRA LARGE rooms,** private parking, stove & refrigerator, security deposit, no pets. (618)693-3731

**GASHEN VIEW Townhomes** 2nd floor, 2 bedrooms, 2 baths, laundry hook-up. \$175/mo. (618)693-3731

**LARGE 2 BEDROOM** apartment & townhouses. Clean laundry room, central air, heat & water, 1 car garage. (618)693-3731

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**3 room Furnished Apt.** \$2600.00 deposit required. (618)693-3731

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**LARGE 1 bedroom, Apt. Carpeted.** AC, VCR, Remod. Kitchen, central air, heat & water, laundry hook-up. \$175/mo. (618)693-3731

**3 room Furnished Apt.** \$2600.00 deposit required. (618)693-3731